

Ridge Pointe News

January 2026 Volume 42 | Issue 1

JOIN US FOR A LIVE MUSICAL PERFORMANCE BY
UPTOWN BRASS



COME ENJOY THE FUN

with these virtuosic friends from the

Minnesota Orchestra!

3pm

EAST LOBBY

THURSDAY, JANUARY 29, 2026

JANUARY EVENTS

Friday, January 2: Resident Potluck

5:30 PM Atrium

Join your fellow residents for the first Friday of the month RidgePointe Potluck. Bring a dish to share, your personal utensils, a plate and a beverage.

Tuesday, January 6: In-Person Speaker— Henry Berhman

10 AM MH

Lebanon- Hopes for a More Stable Future. In the 1980's Lebanon was the epitome of a failed state, riddled with sectarian hatred, car bombs, political assassinations, and foreign interference. The violent climate was encapsulated by a horrific attack that murdered 241 U.S. Marines in 1983. With the recent weakening of Hezbollah, does the country now have a golden opportunity for a positive political reset towards stability and peace?

Tuesday, January 13: In-Person Speaker— David Schultz

10 AM MH

Trump 2.0, One Year Later. In this presentation, David Schultz will discuss Donald Trump's second term in the presidency. David is a professor in the School of Business at Hamline University and at the University of Minnesota Law School where he is a Senior Fellow at the Institute on Law and Politics.

Tuesday, January 20: In-Person Speaker— Minnesota Aging Pathways

10 AM MH

Money Saving Programs and Services. A representative from **Minnesota Aging Pathways** will explain programs that **can lower Medicare premiums, deductibles and out-of-pocket costs.** Find out about who qualifies, how to apply for assistance and learn about program benefits. She will also cover **Medicare preventive services**, like free screenings, vaccines and wellness visits.

Tuesday, January 20: Birthday Celebration

3 PM EL

3:00pm—HAPPY HOUR IN THE EAST LOBBY: Wine and Appetizers

3:30pm—Entertainment: Vinnie Rose- Singer

5:00pm—Birthday Meal: Is your birthday in January? Happy Birthday! If you plan on using your three meals this month, enjoy an additional dinner at half-price on.

Tuesday, January 27: In-Person Speaker— Minnesota Aging Pathways

10 AM MH

Preventing Fraud and Scams. Fraud and scams are on the rise, with some scammers specifically targeting older adults. Learn ways to protect yourself and your personal information. This presentation will include information about fraud prevention, how to detect and report fraud and scams, and ways to keep your personal information safe.

Thursday, January 29: Special Musical Performance Uptown Brass

3PM EL

Please join us for a special musical performance by **Uptown Brass**. The members of **Uptown Brass** are all musicians in the Minnesota Orchestra. They have played together for 17 years and have performed together and individually in every U.S. state and throughout Europe, Asia, Australia, South America, and Africa.



JANUARY MOVIES

FRIDAYS 7PM MARION HALL

January 2: *The Great Escaper*. Drama. Bernie, a veteran, causes alarm at the care home when, with the support of his wife, he secretly sets off to Normandy to attend a 70th anniversary of D-Day.

January 9: *August Rush*. Musical. A musically gifted orphan runs away from his orphanage and searches New York City for his birth parents. On his journey, he's taken under the wing of the wizard, a homeless man who lives in an abandoned theater. Starring Robin Williams.

January 16: *Rumor Has It*. Comedy. Living in New York City, Sarah must make the cross country trip back to her home state of California for the wedding of her younger sister. Once with her family, Sarah learned some interesting things from her grandmother and Sarah wants some answers. Starring Jennifer Aniston and Shirley MacLaine.

January 23: *Catch Me if You Can*. Drama. Frank Abagnale Jr. worked as a doctor, a lawyer, and as a copilot for a major airline all before his 18th birthday. A master of deception, he was a brilliant forger and becomes the most successful bank robber in the history of the U.S. Based on a true story, a U.S. FBI agent tries to capture Frank and bring him to justice, but is always one step behind.

January 30: *The Apartment*. Comedy. An insurance clerk lends his apartment to his executives for their affairs, but his life gets complicated when he falls for the elevator girl, who is involved with his boss. The New Year's Eve climax is a classic. Starring Jack Lemmon and Shirley MacLaine.



Everyone is invited!

BOARD GAME CLUB

Spend time with friends learning new games!

Every Thursday 2:30pm

Marion Hall

TED Talks
Wednesdays at 1pm on Channel 991

Wednesday, January 7: *3 ways to stop obsessing over that text* | Leslie Davis | TEDxArlington Heights.

Dr. Leslie Davis, relationship therapist, surfaces that when we obsess in silence, we disconnect from what we truly crave - authentic connection. Davis gives a real talk about our obsession with those three dots dancing on our phones--to a space of open relationship. ***How flipping your perspective can change your life* | Nick Thomas |**

TEDxMSU. In his TEDx talk, Nick Thomas explores the power of inversion—both literal and metaphorical—as a catalyst for creativity, innovation, and personal transformation.

***Why is knowledge getting so expensive?* | Jeffrey Edmunds | TEDxPSU.** With the shift from books to eBooks, libraries have lost ownership of their collections. Knowledge is being privatized and monetized by multinational corporations. To correct this trend, we need to think of knowledge.

Wednesday, January 14 : *3 questions to ask yourself before you die* | Luyi Kathy Zhang | TEDxJackson-

ville. What if the secret to living a meaningful and fulfilling life is asking the right questions before it's too late? ***Can we trust eyewitness memory after all? It's complicated.* | John Wixted | TEDxUCSanDiego.**

Psychologist and memory researcher John Wixted challenges the widely held belief that eyewitness testimony is inherently unreliable in criminal investigations, and explains the importance of uncontaminated memory tests.

***Why is it so hard to let go of clutter?* | Deirdre Greaney | TEDxTraleeWomen.** Most people see clutter as a chore, but what if it actually holds opportunity and possibility? In this talk, Deirdre Greaney explores why releasing things can feel so difficult and why doing it can bring relief, growth, and healing.

Wednesday, January 21: *Two US Governors — a Democrat and a Republican — on Why There's*

Hope for Democracy* | *On the Spot. Two current US governors — Democrat Matt Meyer of Delaware and Republican J. Kevin Stitt of Oklahoma — trade notes on how to rebuild trust without partisan theater.

In this special segment of "On the Spot" (TED's rapid-fire Q&A format), they share thoughts on leading when people live in different realities, swapping outrage for outcomes and why we need to govern like neighbors, not enemies. ***Are We Cooked? How Social Media Shapes Language* | Adam Aleksic | TED.**

Linguist Adam Aleksic explores how the forces of social media algorithms are reshaping the way people talk and view their very own identities.

Wednesday, January 28 : *Is Trauma Costing You your Future?* | Dr. Susanna Petche | TEDxTralee

Women. In this deeply personal and eye-opening TEDx talk, Dr. Susanna Petche reveals how hidden, dismissed trauma shapes our bodies, behaviors and lives and shares a simple framework for healing those invisible scars.

***AI Will Not Replace the Poets* | Lee Frankel-Goldwater | TEDxBoulder.** Drawing on ideas from his recently co-authored book, Lily in a Codebox: The Search for AI's Poetic Voice, speaker Lee Frankel-Goldwater takes us on a journey into new realms of poetic expression.

***Dress Bold, Be Bold and Step Into Visible Leadership* | Pamela Gardner | TEDxSanDiegoWomen.** What we forget is how dress is how we express and when we shrink how we dress, we shrink who we are.

JANUARY EXCURSIONS

Thursday, January 8: Minnesota Orchestra

Depart: 9:30 AM

Ticket Cost: Must Purchase Ticket On Your Own

Nordic Soundscapes Festival: Søndergård and Ehnes on Violin. Program includes Salonen, Nyx, Sibelius, Violin Concerto, Nielsen, Symphony No.1.

(Running Time 2 hours, including intermission.)

Thursday, January 15: Courtroom Concert & La Cucaracha

Depart: 10:40 AM

Cost: Free (Seating is First Come First Serve)

Lunch Cost: On Your Own

A Landmark Center Courtroom Concert Program: *Crossing Paths with the Schumann's*. A wonderful performance by the **Artaria String Quartet**. The concert takes place in the gorgeous courtroom at the historic Landmark Center. After the concert, have lunch at **La Cucaracha**, a family-owned Mexican restaurant in St. Paul.

(Concert 12pm –1pm) (Lunch Reservations 2pm)

Saturday, January 17: Ladies Luncheon at The Lexington

Depart: 3:45 PM

Lunch Cost: On Your Own

The Lexington is a historic American steakhouse and supper club located on Summit Hill in St. Paul, Minnesota. Known for its classic, old-school atmosphere and renovated, elegant interior, the restaurant has been an institution since its opening in 1935. The menu features upscale American steakhouse fare. **(Reservation 4:30pm)**

Thursday, January 22: The Jason Show & Eden Prairie Mall

Depart: 8:30 AM

Ticket Cost: Free (*BRING ID)

Lunch Cost: On Your Own

Be a part of the live audience at **The Jason Show**. This daily entertainment talk show features celebrity guests, pop culture news and humor. First, check in at the guard desk with your **EventBrite ticket**. Please bring and show a valid photo ID. After the show, have lunch on your own at The Eden Prairie Mall. **(Leave Eden Prairie Center at 2pm)**

-9-9:20am Check In—Bring an I.D.

-9:20am Audience Coordinator will greet us and escort us to studio.

-10-11am— Be a part of the live studio audience of The Jason Show.

Thursday, January 29: Mystic Lake Casino

Depart: 10:00 AM

Cost: On Your Own

Head out to Mystic Lake for a day of gambling, Bingo or just have lunch. **(3pm Leave Time)**

Saturday, January 31— Lakeshore Players Theatre, *39 Steps*

Depart: 12:50 PM

Cost: \$35.00 (15 Tickets Only)

Mix a Hitchcock masterpiece with a juicy spy novel, throw in a dash of Monty Python, and you get the ***39 Steps***—a fast-paced whodunit bursting with theatrical magic! This award-winning comedy features nonstop laughs, more than 150 outrageous characters (played by a ridiculously talented cast of four), an onstage plane crash, missing fingers, and just the right amount of romance. It's an unforgettable experience blending high-stakes hilarity and classic mystery. Lakeshore Players Theatre is in White Bear Lake. **(2pm Performance) (2 hours Long)**

Commit now...move in 90 days!

Really!

Ready for a Social Upgrade? RidgePointe is known for all our social offerings, fun excursion options, parties & so much going on, you can be as busy as you like! Art Studio, Wood Shop, Lectures, Movies, Book Clubs, Card Games, and many more opportunities. 2026 may be the right time for you to join us. It's a great lifestyle that you really won't want to miss out on.

RidgePointe allows up to 90 days before rent begins, unless you want to move in sooner. This special applies to all available units and requires a deposit and completed Rental Application. Why not begin looking now for your next home now! Selling your home or need to give a 60 day vacate notice? This Special is perfect for you! Visit the website or call for details or to schedule a tour.

As always, our unbeatable RidgePointe Amenities Package is included in your rent! Included in your rent, you will enjoy scheduled Weekly Housekeeping, 24 hour Concierge, Daily Continental Breakfast, and more! Join the fun & start living the lifestyle you deserve!

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