

Ridge Pointe News

February 2026 Volume 42 | Issue 2

PLEASE JOIN US FOR A

VALENTINE'S PARTY

WITH A LIVE MUSICAL PERFORMANCE BY

TIM PATRICK



Friday, February 13th, 2026

EAST LOBBY

2:00pm Valentine Snack

2:30pm Musical Entertainment

FEBRUARY EVENTS

Tuesday, February 3: In-Person Speaker— Joe Beckman **10 AM MH**

Just Look Up! A Radical Experiment in Human Connection. What if the most radical thing you could do today was... look someone in the eye? In a fast-paced, digital world, this talk makes the case for slowing down, showing up, and truly connecting — not just through Wi-Fi, but through presence. With warmth, humor, music, and real-life stories, international speaker and best-selling author, **Joe Beckman**, will explore the simple yet powerful ways to bring humanity back into our everyday lives through the power of human connection. Radical!

Friday, February 6: Resident Potluck **5:30 PM Atrium**

Join your fellow residents for the first Friday of the month RidgePointe Potluck. Bring a dish to share, your personal utensils, a plate and a beverage.

Tuesday, February 10: Fall Prevention and Balance Educational Class **10 AM MH**

Join an employee from ***FYZICAL Therapy & Balance Centers***. This educational class is designed to help residents understand the causes of falls and learn practical strategies to improve balance, strength, and safety in daily activities. It also includes how to fall and get up safely and how to prevent falls. The physical therapist will discuss common risk factors for falls, simple exercises to enhance stability, and tips for creating a safer living environment.

Friday, February 13: A Special Valentine's Day Celebration with Tim Patrick **2 PM EL**

Enjoy an early Valentine's Day. We will start the event off with a special snack, followed by a musical performance with Tim Patrick.

Monday, February 16: Piano Performance with Hank Kleinman **2 PM EL**

Hank Kleinman is 16 years old, and loves writing, recording, and playing music! He plays two main instruments, piano (for 6 years) and drums (for 11 years). Piano is his favorite instrument because it allows him to play any part of any song. His favorite band is the Beatles, and he is excited to share his first Beatles themed concert with you!

Tuesday, February 17: In-Person Speaker— Vicki Pieser **10 AM MH**

Jews in the Rural Midwest. Vicki will share historical material on the lives of Jews in the rural Midwest, focusing on Brown County, Minnesota. In addition, she will discuss: global events influencing immigration, the sense of isolation felt while living apart from a synagogue and a Jewish community, the desire for financial independence, and the bouts of antisemitism. Vicki looks forward to learning from the experiences and observations of the participants.

Tuesday, February 17: Birthday Celebration **3 PM EL**

3:00pm—HAPPY HOUR IN THE EAST LOBBY: Wine and Appetizers

3:30pm—Entertainment: Pete Sandvik , Accordion

5:00pm—Birthday Meal: Is your birthday in February? Happy Birthday! If you plan on using your three meals this month, enjoy an additional dinner at half-price on February 17th.

Tuesday, February 24: In-Person Speaker— Doug Ohman **10 AM MH**

Urban Gems: St. Paul Tour – Our capital city is just waiting to be explored. Ride along with Minnesota photographer, Doug Ohman as he takes you to many landmarks just waiting to be explored. As a special bonus, this road trip will include a side trip to Stillwater and Taylors Falls.

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FEBRUARY MOVIES FRIDAYS 7PM MARION HALL



February 6: 42. Sports Drama. In 1947, Jackie Robinson becomes the first African-American to play in Major League Baseball in the modern era when he was signed by the Brooklyn Dodgers and faces considerable racism in the process.

February 13: *Thoroughly Modern Millie*. Comedy Musical. In this musical spoof of the roaring 20s, feisty young flapper Millie plans to find a job and marry a wealthy employer. As Millie and her roommate hunt for love at their job, her employer and coworkers have other ideas. Starring Julie Andrews and Mary Tyler Moore.

February 20: *Shine*. Drama. David Helfgott, a gifted pianist, struggles through childhood adolescence as his strict father abuses him and his siblings. Years later, he suffers a mental breakdown but manages to return as a legend.

February 27: *Fly Me Over the Moon*. Comedy. A marketing expert and a very strict rocket launch Director work with each other in order to make NASA's memorable Apollo 11 program successful.

Live Entertainment



Accordion to Pete

Tuesday, February 17th

3:30pm

EAST LOBBY

TED Talks Wednesdays at 1pm on Channel 991

Wednesday, February 4: *My parents are deaf—and it matters less than you think* | **Matthew Cooper** | TEDxUTulsa. Deafness is often seen as a disability, but after being raised by two Deaf adults, Matthew Cooper doesn't view his parents as disabled. Instead, he views Deaf people as a marginalized culture that needs recognition. *What's Behind the Rise of Far Right Politics in Europe* | **Daphne Halikiopoulou** | TED. Political researcher Daphne Halikiopoulou reveals how rising leaders tap into people's economic insecurities and distrust of institutions in order to cleverly rebrand their right-wing policies. *Why innovation alone won't save small towns* | **Marlise Horvath Schneider** | TEDxNuremberg. Marlise Horvath Schneider discusses how innovation policy aims to redevelop Rust Belt regions, specifically through the US CHIPS and Science Act.

Wednesday, February 11: *Why laughter heals broken hearts* | **Natasha Pearl Hansen** | TEDxChicago. Can finding humor in our darkest moments actually help us heal? Comedian and entrepreneur Natasha Pearl Hansen believes the answer is yes—and she has the stories to prove it. *Can we end fear-driven healthcare?* | **Mel Thacker** | TEDxManitouSprings. Mel Thacker, MD, DipABLM is a double board certified otolaryngologist (ear, nose and throat surgeon) and lifestyle medicine specialist, a surgeon coach, and podcaster. Humans tend to rely on white swans—the known knowns—and fear the red swans—the known unknowns. But the path forward is often shaped by black swans—the unknown unknowns. To see beyond the red swans, we need language to name the phenomenon and curiosity to uncover the black swans. *Will AI Make Humans Useless?* | **Akram Awad** | TED. "As jobs disappear, so will identity," says AI futurist Akram Awad, outlining the three types of people that will emerge as AI continues to replace the workforce.

Wednesday, February 18: *What It's Really Like to Win the Lottery* | **Matt Pitcher** | TED. What happens when ordinary people suddenly win the lottery? Financial planner Matt Pitcher shares lessons from more than a decade of advising lotto winners, revealing how sudden wealth can unbalance life and spark consumerism — or create profound opportunities for meaning. *The Minister of Loneliness* | **Sarah Kay** | TED. Sarah Kay performs "The minister of loneliness," a heartwarming poem imagining what life would look like if homes were connected with tin-can telephone strings, creating a universe of curiosity, joy and connection. *Universal surveillance is here—how do we fight back?* | **Eliza Orlins** | TEDxHCCS Youth. Did you know there's a new way that data brokers are empowering prosecutors to make an end-run around your constitutional right to privacy? Learn how it happens, and what you can do to protect yourself.

Wednesday, February 25: *Can I be friends with people I don't agree with?* | **Benedict Rogers** | TEDxSalzburg. In his talk, Benedict Rogers explores the concept of coexistence among people of different religions, opinions, and ideologies, illustrating how we can live harmoniously despite these differences. *How dementia patients taught me to live with less regret* | **James Lee** | TEDxSouth Congr Mr Lee. Drawing on profound insights from more than 1,000 end-of-life moments in his career helping people living with dementia. *Why is it so hard to get a doctor's appointment?* | **Nina Maouelainin** | TEDxUTulsa. Urgent care has become increasingly prevalent in recent years, but at what cost? Using her background as a pulmonologist, Nina Maouelainin explains how the urgent care system can hide complex conditions, leaving them undiagnosed and untreated for far too long.



RidgePointe is hosting an
AARP Smart Driver Refresher Course!

The course is designed to help make you more aware of safety considerations of the roads that you travel every day. You can expect to learn current rules of the road, defensive driving techniques, and how to operate your vehicle more safely in today's increasingly challenging driving environment. You'll learn adjustments to accommodate common age-related changes in vision, hearing, and reaction time.

When: Thursday, February 12th from 12:30 pm to 4:30 pm (4 hour course)

Where: RidgePointe ~ Marion Hall

Cost: \$25.00 ~ \$20.00 for AARP members

Registration Required ~ Contact Paula Rickett at (952) 540-6280

Space is Limited ~ Call today!!