

Ridge Pointe News

October 2025 Volume 41 | Issue 10



HAPPY HALLOWEEN

Join us for a
Wicked Good Time!

FRIDAY, OCTOBER 31st,

2:00pm- 3:30pm

2:15pm COSTUME PARADE

2:30pm MUSICAL ENTERTAINMENT:

Swing 6625

OCTOBER EVENTS

Friday, October 3: Resident Potluck

5:30 PM Atrium

Join your fellow residents for the first Friday of the month RidgePointe Potluck. Bring a dish to share, your personal utensils, a plate and a beverage.

Tuesday, October 7: In-Person Speaker— Barb and Steve Pieh

10 AM MH

Part II: Egypt and Jordan. Join the Pieh's to continue an exploration of UNESCO World Heritage sites. Learn about the Pyramids of Giza in Egypt and the Stone City of Petra in Jordan. These historic sites are rich in cultural history, and the Pieh's have an engaging way to share the experience with you.

Tuesday, October 14: In-Person Speaker— Sheri Salloway Yarosh

10 AM MH

What is New for Medicare in 2026. Join Sheri Salloway Yarosh, MBA, a licensed insurance agent in this Educational Seminar for participants who are already on Medicare but want to learn about the significant cost changes, program changes, and options for the upcoming year. If you are content with your current plan, but are curious if there are some programs that may better serve your needs, this seminar is for you.

Tuesday, October 21: In-Person Speaker— Stan Tekiela

10 AM MH

Owls the Majestic Hunters. This talk is based on Stan's book *Intriguing Owls*. Nocturnal birds and animals have intrigued people since the dawn of time. This presentation is filled with eye-popping images of every owl species found in the United States. For over 20 years, Stan has traveled across the US to study and photograph owls. Stan will explain the many mesmerizing aspects of these nocturnal birds. You will learn just how well owls can see in the dark along with their amazing hearing abilities.

Tuesday, October 21: Birthday Celebration

3 PM EL

3:00pm—HAPPY HOUR IN THE EAST LOBBY: Wine and Appetizers

3:30pm—Entertainment: Singer— The Flora's

5:00pm—Birthday Meal: Is your birthday in October? Happy Birthday! If you plan on using your three meals this month, enjoy an additional dinner at half-price on October 21st.

Tuesday, October 28: In-Person Speaker— Gary Stamm as F.D.R

10 AM MH

The Home Front. This presentation deals with the civilian effort during World War II. The United States home front during World War II supported the war effort in many ways. This includes a wide range of volunteer efforts, government-managed rationing, price controls, the role of women and minorities, geographic distribution, personal savings and even the Hollywood film industry.

Friday, October 31: Halloween Party

2:00-3:30 PM Atrium

-2-2:30pm Drinks and Snacks -2:15pm Costume Parade -2:30pm Musical Entertainment: Swing 6625



OCTOBER MOVIES

FRIDAYS 7PM MARION HALL



October 3: *Big*. Comedy. After a wish turns 12 year-old Josh Baskin into a 30 year-old man, he heads to New York City and gets a low level job at McMillan toy company. Starring Tom Hanks.

October 10: *The Inside Man*. Thriller. The story of a tough cop who matches wits with a clever bank robber. As a dangerous cat and mouse game unfolds, a wild card emerges, Madeline. Starring Denzel Washington.

October 17: *Cold Turkey*. Comedy. A tobacco company promises a cash price to any town in America that can quit smoking for 30 days. In the depressed town of Eagle Rock the pastor spearheads the community's effort to raise to the cold turkey challenge. Starring Dick Van Dyke, Bob Newhart.

October 24: *Audrey's Children*. Drama. A true story of Dr. Audrey Evans, who joins an elite Children's Hospital in 1969. Determined to overhaul ineffective therapies she pioneers life-saving treatments, cofounds the first Ronald McDonald house charity, and impacts millions.

October 31: *Quartet*. Comedy/Musical. Once popular opera diva, played by Maggie Smith, creates a stir with her arrival at a home for Retired performers. The other residents are delighted and try to convince her to join them in a performance.



Stan Tekiela's

Nature Smart

Welcome a Special Guest
Author, Naturalist and Wildlife Photographer

STAN TEKIELA

Owls the Majestic Hunters

MARION HALL

Tuesday, October 21st 10 AM

TED Talks

Wednesdays at 1pm on Channel 991

Wednesday, October 1: *Why are people falling in love with ChatGPT?* | Deborah Nas | TEDxUHasselt. In this TEDx talk, Deborah Nas reveals how AI is increasingly capable of acting like a true companion—becoming our friend, confidant, or even romantic partner. *Why I'm obsessed with Northern Irish slang* | David Levin | TEDxStormont. David Levin is a writer, agency founder and tone-of-voice specialist who is becoming increasingly obsessed with Northern Irish sayings. *What if Earth had a flag?* | Oskar Pernefeldt | TEDxKlagenfurt. What if earth had a flag? Oskar Pernefeldt makes a compelling case for the International Flag of Planet Earth, a simple yet powerful symbol meant to unite humanity in the face of climate crisis, global conflict, and interplanetary exploration.

Wednesday, October 8: *3 ways to leverage your weirdness* | Amy Kean | TEDxMünster/. Amy Kean explores the global “normality crisis,” showing how conformity stifles creativity and culture. *How to make a choice when the options suck* | Amitai Shenhav | TEDxNewEngland. By understanding how the brain makes decisions, we can alter our approach to decision-making and make choosing less stressful. *The secret to persuading people* | Eyal Frayden | TEDxUNYP. Eyal Frayden challenges the traditional view that rationality drives decisions, instead highlighting the profound impact of emotions in persuasion.

Wednesday, October 15:*Slower thinking for a faster world* | Erfa Alani | TEDxVictoria . Complex decisions require more than data; they need ethical clarity .Discover a four-lens framework for seeing beyond immediate outcomes to build trust, navigate moral complexity, and build the most essential leadership skill. *The surprising science of adolescent brains* | Jennifer Pfeifer | TEDxPortland. Adolescence isn't a time of dysfunction, it's a peak period of brain development, adaptability, and growth. *You Are the Algorithm: Why Your Story Is the Future of Work* | Laura Bashore | TEDxSanDiegoWomen. Certified AI specialist and career strategist Laura Bashore shows how your lived moments become a story that signals value and builds trust.

Wednesday, October 22: *How AI serves us, fools us, and needs a scorecard* | K Krasnow Waterman | TEDxVictoria. AI works best when we understand its limitations, set realistic standards for reliability, and demand accountability before trusting it with critical decisions. *How is the screen time epidemic changing our brains?* | Morwenna Lewis | TEDxAberystwyth. Screen time epidemic changing our brilliant and sensitive brains? And what do these changes mean for the future of the human species? *Is AI making us dumber? Maybe.* | Charlie Gedeon | TEDxSherbrooke Street West. University instructor and UX designer Charlie Gedeon explores how artificial intelligence is revealing and accelerating the cracks in modern education.

Wednesday, October 29: *What you don't know about hearing aids* | Juliëtte Sterkens | TEDxOshkosh. juliëtte Sterkens, AuD, is an audiologist with forty years of experience in hearing rehabilitation turned consumer advocate with the Hearing Loss Association of America. *3 lessons on starting over* | Matt Field | TEDxPrague. How can we approach the unknown without fear, and even with curiosity? *Are you one connection away from a new life?* | Quang Do | TEDxDaKao. Mr. Quang Do will share an inspiring story about personal growth and the extraordinary power of community. Through this, we can forge a robust network, extending Vietnamese intellect and identity across the globe.

OCTOBER EXCURSIONS

Thursday, October 2— Como Park Zoo and Conservatory and Keys Cafe **Depart: 10:20 AM**

Zoo Cost: Free (Donations are Welcomed)

Lunch Cost: On Your Own

Begin the day at **Keys Café**. Keys Cafe in Roseville is a family-owned restaurant known for its home-cooked meals, all-day breakfast, and scratch-made bakery items. The Como Park Zoo is a free attraction that features a wide variety of animals, including gorillas, giraffes, polar bears, and lions. The conservatory is a historic, glass dome. The domed building features a variety of gardens. **(Reservation 11:00am) (Departure 3:30pm)**

Thursday, October 9— *Charlotte's Web* and Crossroads Delicatessen **Depart: 10:10 AM**

Ticket Cost: \$8.00 (Checks Made Out to RidgePointe)

Meal Cost: On Your Own

Start the excursion off with a yummy late breakfast at **Crossroads Delicatessen**. Breakfast features a wide variety of egg dishes, such as: omelets, breakfast sandwiches, and corned beef hash. After your meal, head to the production of *Charlottes Web* at the Stages Theatre Company. **(Reservations 10:30am) (Production Start Time 12:30pm) (Performance 60min)(Maximum 15 People)**

Thursday, October 16— Minnesota Orchestra

Depart: 9:30 AM

Ticket Cost: Must Purchase Tickets On Your Own

Beethoven Fifth Symphony. Andrew Manze conducts the Minnesota Orchestra with special guest pianist Elizabeth Brauss.

Saturday, October 18— Ladies Luncheon at Lola's Lakehouse

Depart: 10:20 AM

Lunch Cost: On Your Own

Have lunch at Lola's Lakehouse, a charming waterfront restaurant offering wood-oven pizzas, seafood, steaks, burgers, and salads. **(Reservations 11am)**

Thursday, October 23— *Fireflies* at Sidekick Theatre

Depart: 11 AM

Lunch and Show Cost: \$51.00

Fireflies. This is a romantic comedy about a retired schoolteacher Eleanor Bannister. Set in her routines and secure in her position as the town's most respected woman— until a hole in her roof draws the attention of Abel Brown, a smooth-talking drifter intent on renovating Eleanor's house, and possibly her life. Can the unexpected sparks of late-life romance be trusted, or is there truth in the gossip that Abel isn't all that he seems to be? Either way, the whole town is talking.

(Meal Time 11:30am) (Production Start Time 1pm)

Thursday, October 30— Cathedral of Saint Paul and Downtowner Woodfire Grill

Depart: 10:30 AM

Tour Cost: \$3.00 Pay On-site

Lunch Cost: One Your Own

Have a delicious meal at the **Downtowner Woodfire Grill**. The Downtowner Woodfire Grill is a fine-dining restaurant in Saint Paul, Minnesota, specializing in Persian-inspired, fire-roasted meats, seafood, and wood-fired pizza. After lunch, visit the Cathedral which is recognized as an historical landmark and one of the most prominent buildings in Minnesota. The tour lasts about one hour and includes some steps with railings. (Most of this area can be viewed from the base of the steps.)

Fall is a great time for a move!

This month, RidgePointe's featured floor plan is the **Dover**: a 1 Bedroom, 1 Bathroom apartment in our West Building. This popular layout boasts 630 square feet, a great galley style kitchen, and East facing windows with lots of natural light! There are 4 closets including an unexpected walk-in closet in the hallway. Walk-in shower or bathtub/shower available.

Enjoy the benefits of RidgePointe's Social Model of living including weekly excursions, in-house exercise classes, lots of cards, Bingo, cribbage, Mahjong, book clubs, weekly speakers, and more. Look forward to the parties, get togethers, and pop-up events throughout the year. Be as busy as you want or enjoy the peace and quiet of your apartment in our Steel and concrete constructed buildings. The Atrium, which spans the two buildings, is open 24/7 for you to enjoy!

The **RidgePointe Amenities Package** is included in every rent making your dollar work even harder!

Make your Move to a Dover Floor Plan before November 15th, and RidgePointe will price protect your rent through April 30, 2027.
That's right!

Call to schedule tour of RidgePointe and see what we have available now, or tour for your future! It's a big decision, so don't hesitate to plan ahead.