

RidgePointe News

July 2025 Volume 41 | Issue 7

INDEPENDENCE DAY

**Happy
FOURTH
of
JULY**

UNITED STATES

July Event

Tuesday, July 1: In-Person Speaker— Stan Tekiela **10 AM MH**

Uncommon Facts about Common Birds. This is a fun and entertaining talk presenting fascinating facts and tidbits about some of the birds that people love to hate. In addition, he will share unusual characteristics about some of the more common birds in our neighborhood. Stan will challenge your preconceived ideas about some common birds such as the European Starling, the American Crow and much more. You will never look at these birds the same way ever again. This talk wraps up with a message of conservation and understanding.

Tuesday, July 8: In-Person Speaker— Doug Ohman **10 AM MH**

Minnesota from the Road Series: Heartland Lakes of North Central, MN. Travel along with Minnesota photographer and storyteller Doug Ohman as he takes us on a statewide road trip. Hear about Minnesota's North Central regions. Doug has captured photography images and gathered information on many of the roadside attractions.

Friday, July 11th: Resident Potluck **5:30 PM Atrium**

Join your fellow residents for the first Friday of the month RidgePointe Potluck. Bring a dish to share, your personal utensils, a plate and a beverage.

Tuesday, July 15: In-Person Speaker— Doris Rubenstein **10 AM MH**

MN State Fair and My Pickles. Doris Rubenstein took years to find a true kosher dill pickle recipe that matched the one used by her Uncle Harvey. When she found the recipe, she wanted to prove how good it was by entering it in the pickle competition at the Minnesota State Fair...only to have the pickles rejected without the jar even being opened. This was the start of a twenty-five year campaign to bring true kosher dill pickles to the Fair competition. Was she successful? What did she do over those 25 years? Come and hear Doris's unique story. Questions welcome, but no pickles will be served.

Tuesday, July 15: Birthday Celebration **3 PM EL**

3:00pm—HAPPY HOUR IN THE EAST LOBBY: Wine and Appetizers

3:30pm—Entertainment: Violinist— Liya

5:00pm—Birthday Meal: Is your birthday in July? Happy Birthday! If you plan on using your three meals this month, enjoy an additional dinner at half-price on July 15th.

Tuesday, July 22: In-Person Speaker— Sara Ahlquist Deputy Fire Marshal **10 AM MH**

Life of a Firefighter. Sara will share about the Minnetonka Fire Department. This will include information about who they service, what they do, and how the shifts and staff are structured. She will talk about the training required to become a firefighter and how the department has evolved. This discussion will include information about the types of calls they respond to and why sometimes you see police, fire, and ambulance all at the same time.

Tuesday, July 29: In-Person Speaker— Dr. Mary Curtin **10 AM MH**

Paradigm Shift? The Future of Transatlantic Security Relations as one Era Ends and a New One Begins. Politicians and analysts on both sides of the Atlantic argue that we are already at the end of the era of U.S.-led security arrangements that encompass Europe, Canada, and the United States. Are we in the midst of a paradigm shift in transatlantic arrangements? Dr. Mary Curtin will provide insights into the thinking behind the Trump Administration policies and reflect on the perspectives of Canadian and European allies as they navigate this new era.

JULY MOVIES

FRIDAYS 7PM MARION HALL

July 4: *Miracle*. Drama. The true story of Herb Brooks, the player turned coach who led the 1980 US Olympic hockey team to victory over the seemingly invincible Russian squad.

July 11: *Gypsy*. Musical. Based on the autobiography of Gypsy Rose Lee, this made-for-TV movie- previously a Broadway smash and a 1962 film- depicts the life and times of a stripper and her domineering mother.

July 18: *Woman Walks Ahead*. Drama. A widowed artist travels alone to North Dakota in the 1880s to paint a portrait of Chief Sitting Bull. Based on true events.

July 25: *Arthur's Whiskey*. Comedy. Joan discovers her late husband's secret whiskey stash can reverse aging. Drinking the whiskey, Joan and her friends relive the exhilaration of youth. As the whiskey runs out, they question if fleeting youth can lead to lasting happiness.



Stan Tekiela's

Nature Smart

**A Special Guest
Author, Naturalist and Wildlife Photographer**

STAN TEKIELA

Uncommon Facts about Common Birds

MARION HALL

TUESDAY, 10AM JULY 1ST

TED Talks

Wednesdays at 1pm on Channel 991

Wednesday, July 2: *How to help your partner cope with stress* | Guy Bodenmann | TEDxZurich Women. Stress, conflict, and emotional strain—these are common challenges in relationships, often heightened during difficult times. But what if facing stress together could strengthen the bond between partners? *How should we approach grief in the workplace?* | Rob Farmer | TEDxOldHickory. There is no question that Grief has power over the lives of people dealing with the loss of a loved one. Yet the traditional way of coping with Grief appears to be shifting from a traditional step model, to a view that Grief may be analogous to a learning process. *What do you want to be buried with?* | Dr. Jennifer Riley | TEDxAberdeen. Putting significant objects and items in people’s coffins or graves when they die is hugely important for many people in contemporary Britain: almost all of us will need to make a decision about them at some point in our lives.

Wednesday, July 9: *Is venting a good way to deal with anger?* | Jennifer Parlamis | TEDxGVAGrad. Does venting actually work? In this thought-provoking talk, Jennifer Parlamis, an expert in social and organizational psychology, unpacks the science behind anger and the myths surrounding venting. *Who pays for assassinations on the dark web?* | Carl Miller | TEDxManchester. Carl Miller joined TEDxManchester to tell us about his extraordinary discovery of a “Kill List” on the Dark Web. It was a ‘murder for hire’ website where people were paying tens of thousands to have hundreds of individuals targeted for assassination. *Why hybrid work fails both companies and employees* | David Nilssen | TEDxAyala Avenue Women. This talk addresses the pitfalls of hybrid work models and advocates for a fully remote approach.

Wednesday, July 16: *Why are we so bad at predicting the future?* | Frank Bouman - van Veen | TEDxHarderwijk. Go on a journey through history, because by understanding the history we can learn to write the future. *How to regain control of your shopping addiction* | Nadia Morozova | TEDxRoma. Dr. Nadia Morozova, Chief Analytics & Insights Officer at Enriched Insights, shares highlights from years of consumer behavior research she conducted in the marketing industry and academia. *Your cookbooks are lying to you* | Rachel Rich | TEDxLeeds Beckett University. Rachel’s research explores the intersections of food, gender, class, and national identity, with particular attention to women’s roles as cookbook writers and readers.

Wednesday, July 23: *How to make decisions like a poker pro* | Maria Ho | TEDxUCSanDiego. Life is a series of decisions, from the mundane to the life-altering. But how often do we stop to think about how we make these choices? *How could we reverse aging?* | Ronald DePinho | TEDxFordhamUniversity. What exactly is aging? And can we decode its fundamental molecular and cellular mechanisms to develop therapies that not only slow aging but potentially reverse it? *Are we heading towards World War III?* | Heni Ozi Cukier | TEDxLisboa. This talk dives into four critical dimensions — social, economic, political, and military — to uncover the patterns that led to World War I and II.

Wednesday, July 30: *What the science of uncertainty tells us about human nature* | Adam Kucharski | TEDxLondon Professor Adam Kucharski delves into the science of uncertainty and why the need for clear explanations about how things work is becoming more important. *How I turned \$500 into 6-figure freedom* | Mel Dorman | TEDxSouth-LakeTahoe. Melissa Dorman, author of Bank on Your Neighbor (Spring 2025), built 6-figure financial freedom in 5 years using seller financing—a win-win strategy making property ownership accessible with little money. *How Sleep Boosts Focus, Memory & Performance* | Sofia van Buuren | TEDxErasmusUniversityCollege. Sofia van Buuren reveals how optimizing each stage of sleep can boost memory, focus, and creativity.

July Excursions

Thursday, July 3— Matinee Movie, Lunch at Pinstripes, Centennial Lakes Farmers Market Depart: 10:50 AM

Ticket Cost: \$13.50— Checks made out to RidgePointe

Jurassic Park Rebirth. This thrilling action film is about escaped dinosaurs that have struggled to adapt to the modern world's climate. The last remaining dinosaurs are found on a remote, isolated island, the site of the original Jurassic Park research facility. After the movie, head to **Pinstripes** for a late lunch. Pinstripes offers a from-scratch Italian-American menu ranging from salads, wood-fired pizzas, pastas, entrees, and of course desserts. The last stop will be the **Centennial Lakes Farmers Market**. Friendly vendors set up weekly along the shaded, lakeside walkways of Centennial Lakes Park, offering products of the highest level of freshness and quality. **(AMC Southdale 16- Movie Start Time 11:30am)(Lunch Reservation 2:15pm)**

(Depart from Lunch Approximately 3:20pm)(Depart Market 4:15pm)

Thursday, July 10— Minnesota Orchestra

Depart: 9:30 AM

Cost: Must Purchase Tickets On Your Own

Søndergård Conducts Rachmaninoff. This program features: **Simon- Four Black American Dances**, **Prokofiev-Piano Concerto No. 3**, and **Rachmaninoff -Symphonic Dances**. Bruce Liu is the guest pianist.

Thursday, July 17— Annual Art Fair at Munsinger and Clemens Gardens

Depart: 9:45 AM

Cost: On Your Own

Each summer, Munsinger and Clemens Gardens hosts an art fair featuring artists from all around the state. In addition to the art fair, enjoy listening to music and shopping in the gift shop. The fair also features food trucks. Bring cash, water and wear good walking shoes.

(Depart 1:45pm)

Saturday, July 19— Ladies Luncheon at Boca Chica Restaurante

Depart: 11 AM

Cost: On Your Own

Boca Chica Restaurante is a family-owned Mexican restaurant and cantina known for authentic Mexican cuisine since 1964. The restaurant prides itself by using fresh ingredients and traditional cooking methods, including making their salsa from scratch.

(Reservations 11:30am)(18 people only)

Thursday, July 24: Lets Go Fishing on Lake Riley and Lunch at Dairy Queen

Depart: 9 AM

Cost: Free (Limited Capacity: 12 Person Limit)

Lunch Cost: On Your Own

Spend the morning fishing or floating on a pontoon while enjoying this summer day on beautiful Lake Riley in Eden Prairie. Volunteer captains will guide you and all equipment is included: rods, reels and bait. Anglers can expect to find a variety of fish. The pontoon is not equipped with restrooms and use of porta potties are recommended before boat launch. **A Fishing License is not required.** You may want to bring water and snacks. On the way home, have lunch at the Dairy Queen Grill & Chill.

(The boat ride is approximately 2 hours) (Arrival time: 9:30am) (Boat Launch: 10am)

Thursday, July 31— Mystic Lake Casino

Depart: 10:15 AM

Cost: On Your Own

Head out to Mystic Lake Casino for a day of Bingo, gambling or just enjoy lunch.

RidgePointe Annual Ice Cream Social

Summertime Fun for All Ages

Wednesday, August 6th, 2025
5:00-7:00PM



FREE
Ice Cream
Sundaes

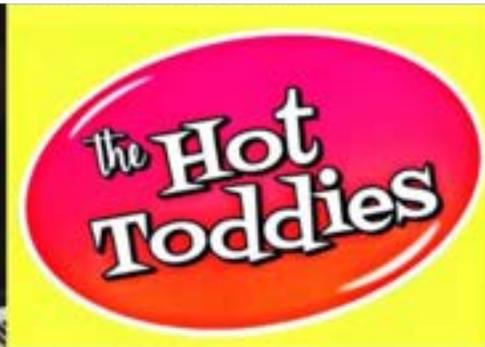
Hot Dog Sale

\$7.00 for a Hot Dog,
Beverage & Chips!

*Fundraiser for the
RidgePointe Resident Council*



Live Musical Performance at 6:00 PM



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