

# RidgePointe News

February 2025 Volume 41 | Issue 2

You are Cordially Invited to  
*A Special*  
*Valentine's Day Performance*  
by the  
Lake Strings Quartet



February 14<sup>th</sup>, 2025

**10:00 AM**

**East Lobby**

## February Events

**Tuesday, February 4: In-Person Speaker— Gary Stamm** **10 AM MH**

***Our National Park Service.*** The National Park Service was created in 1916. From the first National Park in Yellowstone to the oversight of over 400 areas, the NPS has become an important part of our nation and its natural and historic treasures. Find out about FDR's important contributions to the NPS and his ties with many of the NPS locations.

**Wednesday, February 5: Pancake Breakfast** **7-9 AM Atrium**

Enjoy a delicious pancake breakfast together down in the Atrium; courtesy of Bob Park.

**Friday, February 7: Resident Potluck** **5:30 PM Atrium**

Join your fellow residents at the first Friday of the month RidgePointe Potluck. Bring a dish to share, your personal utensils, a plate and a beverage.

**Tuesday, February 11: In-Person Speaker —Andrew Latham** **10 AM MH**

More information to come.

**Friday, February 14: Special Valentine Day Performance— Lake String Quartet** **10 AM EL**

***Love Songs: Popular and Classical.*** Enjoy this Valentine's Day with a special performance, the talented Lake String Quartet. This string quartet is made up of two violins, a viola and a cello and has more than 20 years of experience. ***(Please Note: 10 am Start Time)***

**Tuesday, February 18: In-Person Speaker—Todd Lefko** **10 AM MH**

***Artificial Intelligence and National Security.*** Artificial intelligence is changing how we work, gain information and build relationships. It has both positive and negative aspects for how we relate to others. Disinformation, falsehoods, and threats have become persuasive for millions across the globe. Time required for analysis and potential cooperation has become instant, rather than allowing consideration of truthfulness. If what we believe is based upon what we see, read, and hear, what is truth any longer. We will discuss the impact upon elections, diplomacy and how we determine reality. With the combination of virtual reality, and AI, we will discuss how we might protect ourselves from those who depend upon lies and falsehoods for power.

**Tuesday, February 18: Birthday Celebration** **3 PM EL**

**3:00pm—HAPPY HOUR IN THE EAST LOBBY: Wine and Appetizers**

**3:30pm—Entertainment: Singers and Musicians—Bobby and Christine**

**5:00pm—Birthday Meal: Is your birthday in February? Happy Birthday! If you plan on using your three meals this month, enjoy an additional dinner at half-price on February 18.**

**Tuesday, February 25: In-Person Speaker— Doug Ohman** **10 AM MH**

# FEBRUARY MOVIES

## FRIDAYS 7PM MARION HALL



**February 7: *Sweetwater*.** Sports drama. Nathaniel Clifton, Harlem Globtrotters Star, changes the game of basketball as the first African American player to sign an NBA contract in 1950.

**February 14: *Evan Almighty*.** Comedy. Newsman Evan Baxter wins a seat in Congress. When he moves his family to Virginia, God (Morgan Freeman) contacts him and tells him to build an ark to save animals.

**February 21: *Seven Brides for Seven Brothers*.** Musical/Western. A pretty young cook marries a grizzled woodsman. The young woman is shocked to meet his 6 ill-mannered brothers living at his cabin.

**February 28: *King of Thieves*.** Comedy. A crew of retired crooks pulls off a major jewelry heist. A nostalgic last hurrah for the group is soon wrecked by greed. Starring Michael Caine.

### Doug Ohman's Lecture

### *America's First Ladies (Part 2)*

*February 25, 2025*

*Marion Hall 10:00 AM*



## TED Talks Wednesdays at 1pm on Channel 991

**Wednesday, February 5: *Talent is everywhere—how can we elevate it?* | Anirudh Krishna | TEDxGateway.**

Anirudh Krishna explains a concept called 'Talent Ladders', and how it can help individuals and nations, particularly in developing societies like India, where the need is supremely important. ***How social media is changing how you talk* | Adam Aleksic | TEDxPenn.** How social media is changing the way we talk, from censorship to algorithms, and how this not only allows communities to harm us but also how we can harm communities. ***The keys to living a rich life* | Bridget Hilton | TEDxTemecula.** What makes a rich life? Goal setting expert Bridget Hilton explores the surprising truth about wealth—that it's not found in bank accounts but in purposeful action and meaningful impact.

**Wednesday, February 12: *Is Our seniors are lonely—companion care can help* | Andrew Parker | TEDxMiami.** In this insightful talk, Andrew Parker, CEO of Papa, talks about the epidemic of loneliness among older adults and its impact on personal and public health. He discusses non-traditional approaches to this global issue such as companionship, human connection, and community that could ultimately lead to better health and societal outcomes. ***How to Make Big Decisions in Challenging Circumstances* | Jonathan Reimer | TED.** When making a big decision, should you trust your gut or follow the data? Emergency manager Jonathan Reimer draws on his experience responding to some of Canada's largest wildfires to share advice on high-stakes decision-making that you can take to your boardroom, kitchen table or anywhere else. ***Why Your Body Fights Weight Loss* | Katherine Saunders | TED.** Why does losing weight often feel like an uphill battle? Physician Katherine Saunders unpacks how our bodies are wired to store fat, revealing that obesity isn't simply a lack of willpower — it's a complex, chronic disease rooted in evolutionary biology.

**Wednesday, February 19: *Getting Governing Back into Politics* | Michael Ford | TEDxOshkosh.** We are living in a divided society where political and cultural differences are dictating where we live, how we live, how we interact with one another, and how we view our fellow citizens. Politics has become a blood sport where winning takes precedent over governing. How did we get here, and how do return to a place where we can govern effectively? ***Rethinking heart health* | Dr Sujal Mudliar | TEDxLakhotalakeStudio.** In this talk Dr. Sujal Mudliar (Philanthropist) challenges conventional approaches to heart disease, showcasing how innovative non-invasive treatments like ECP can empower patients to reclaim their health without surgery. ***What holds us back and how to break free* | Sami Ramirez | TEDxPlateauMontRoyal.** Sami Ramirez uncovers the subconscious fears and self-doubt that hinder personal growth. By examining the narratives formed in our early years, she reveals strategies to overcome these mental barriers.

**Wednesday, February 26: *The Sustainability Paradox: Navigating a Complex Landscape* | Maria Daniel | TEDxLopinot.** Discover the interconnectedness of economic growth and ecological health. Understand the importance of a holistic approach to sustainability and the challenges of achieving it. ***How to Question Your Negative Thoughts* | Frank Elaridi | TEDxForbes Park Women.** In "The Art of Calming a Restless Mind," Frank Elaridi explores how fear and negative thoughts can impact our lives, drawing from personal experiences as an Emmy-winning journalist and insights from both modern science and ancient wisdom.

## February Excursions

**Thursday, February 6— History Theatre: The Root Beer Lady & Keys Cafe** **Depart: 8:55 AM**

**Cost: \$35.00 (Checks Made Out To RidgePointe)**

**Lunch Cost: On Your Own**

*The Root Beer Lady* tells the story of the indomitable Dorothy Molter, the last legal non-indigenous resident of the Boundary Waters. The story reflects the beauty and hardships of Molter's solitary yet satisfying life beginning in 1934. The play, funny and passionate, explores her independence, fortitude, and love of nature.

(Production Start Time: 10 AM) (The show length is 90 minutes, no intermission. ) (Reservations: 12:15 PM)

**Thursday, February 13— Ronald McDonald House and Lunch at The Cajun House** **Depart: 10:30 AM**

**Tour Cost: Free (Donations are Welcomed)**

**Lunch Cost : On Your Own**

Take a tour of the Ronald McDonald House. This charity house offers a place for the families with seriously ill and injured kids to live. After the tour have lunch at The Cajun House, a Hong Kong-style dim sum spot also serving pad Thai and various Asian specialties.

(Tour: 11am) (Reservations: 12:45pm)

**Saturday, February 15— Ladies Brunch at Bacio**

**Depart: 9:50 AM**

**Cost: One Your Own**

Enjoy a delicious Italian brunch at Bacio. From traditional Eggs Benedict to a Tuscan Omelet, this breakfast will leave you feeling satisfied. You may want to leave room for a scrumptious caramel pecan roll. (Reservations: 10 am )

**Thursday, February 20—The Jason Show and Lunch at Eden Prairie Mall**

**Depart: 8:30 AM**

**Cost: Tickets Free**

**Lunch Cost at Eden Prairie Mall –Your Choice: On Your Own**

Enjoy The Jason Show Live as an audience member. The Jason Show is a daily entertainment and talk show covering pop culture, news and daily trending topics. Also includes interviews with local and national celebrities. After the show, shop at the mall and have lunch at the restaurant of your own choice. Lunch will be on your own at the Eden Prairie Mall. (Van Departs Mall 2pm)

**9:00AM-9:20AM:** We will arrive promptly at the TV Station 9 am. Check in is at the guard desk (remember we will need to show a valid photo ID. There is also a security screening (metal detection process). Please arrive at the station with all the required validations or we will not be able to enter the studio.

**9:20AM-9:45AM:** An Audience Coordinator will greet us and escort us to the studio.

**10:00AM-11:00AM:** Get ready for fun...we will be part of the LIVE studio audience of THE JASON SHOW!

**Thursday, February 27— Mystic Lake Casino**

**Depart: 10:15 AM**

**Cost: On Your Own**



*Extended by Popular Demand!*

*Check out this fantastic deal!*

Accept an apartment by February 28<sup>th</sup>, 2025 and RidgePointe will allow up to 90 days before rent begins, if you want to wait that long!

This special applies to all available units, no kidding!

If you are hoping to move this Spring, consider this great special! A completed Rental Application and a Security Deposit of \$1,000 secures the unit you choose.

*It's that simple!*

Naturally, the RidgePointe Amenities Package is included in your rent making your dollar work even harder.

Want to take possession or move in sooner? No problem! Rent begins when you take possession or move any of your belongings in, not to exceed 90 days.

Call today & schedule a tour with Paula Rickett!  
952-540-6280 ~ [paular@pointesliving.com](mailto:paular@pointesliving.com)

*Start living the lifestyle  
you deserve!*