



# RidgePointe January 2025

**In Person Exercise Classes**  
 Mon, Wed, Fri MH  
 -Chair Yoga 8:40am 50min  
 -Express Exercise 9:40am 35min  
 -Ever Wellness Exercise 10:45am  
 Knit & Chat—Mon 1pm CR  
 500—Mon, 7pm WPR Wed, MH

Bridge—Fri 1pm WPR  
 Poker—Fri 1pm PK  
 Bandage Rolling—2nd Tues 3pm WPR  
 Happy Hour—Fri 4pm MH  
 Movie—Fri 7pm MH  
 Ladies Luncheon—3rd Sat Time TBD  
 Men's Breakfast —Sat 8am

Bingo— Sat 7pm MH  
 Pointe Players—2nd & 4th Mon 7pm MH  
 Vision Loss 3rd Thur. 10am MH  
 Writing Group 1st & 3rd Wed 1pm AR  
 WPR=west party room MH=Marion Hall  
 PK=Poker Room AR=Art Room

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday   |
|---|--|--|--|--|---|--|
|   |  |  | 1<br><br>   | 2<br>9 & 11am Coffee Chats 991<br><br>9:45 am Excursion Departs Pottery Museum of Red Wing               | 3<br>No Exercise<br>1pm Coffee Chats 991<br>1pm Bridge & Poker<br>4pm Happy Hour<br>5:30pm Potluck<br>7pm Movie | 4<br>8am Men's Breakfast<br>7pm Bingo <br><br>12:10pm Excursion Departs Bell Museum   |
| 5<br>Church Van Departure<br>9am<br>10am<br>(See Van Schedule)  | 6<br>No Exercise<br>1pm Knit & Chat<br>1pm Van Departs Walmart, Sams Club, Hobby Lobby, Menards<br>7pm 500 | 7<br>9am Coffee Chats Live<br>10am Speaker Mike Henry<br>1pm Open Art Studio   | 8<br>7am Pancake Time<br>11 Medical Research<br>1pm Channel 991 <br>1:30pm 500<br>7pm Bingo | 9<br>9 & 11am Coffee Chats 991<br><br>10:15 am Excursion Departs Mystic Lake Casino                      | 10<br>1pm Coffee Chats 991<br>1pm Bridge & Poker<br>4pm Happy Hour<br>7pm Movie                                 | 11<br>8am Men's Breakfast<br>7pm Bingo    |
| 12<br>Church Van Departure<br>9am<br>10am<br>(See Van Schedule) | 13<br>1pm Knit & Chat<br>1pm Van Departs Costco, Cub<br>7pm Pointe Players<br>7pm 500                      | 14<br>9am Coffee Chats Live<br>10am Speaker Gary Hansen<br>1pm Open Art Studio<br>3pm Bandage Rolling  | 15<br>1pm Channel 991 <br>1pm Writing Group<br>1:30pm 500<br>3pm Alterations<br>7pm Bingo | 16<br>9 & 11am Coffee Chats 991<br>10am Vision Loss<br><br>9:30 am Excursion Departs Minnesota Orchestra | 17<br>1pm Coffee Chats 991<br>1pm Bridge & Poker<br>4pm Happy Hour<br>7pm Movie                                 | 18<br>8am Men's Breakfast<br>7pm Bingo <br><br>10:40am Excursion Departs Ladies Luncheon: Heather's Minnetonka Kitchen and Market |
| 19<br>Church Van Departure<br>9am<br>10am<br>(See Van Schedule) | 20<br>1pm Knit & Chat<br>1pm Van Departs Walmart, Sams Club, Hobby Lobby, Menards,<br>7pm 500              | 21<br>9am Coffee Chats Live<br>10am Speaker Pointe Players<br>1pm Open Art Studio<br>Birthday Celebration<br>3:00pm Cocktail and Appetizer<br>3:30 Entertainment: Singer<br>5:00 Birthday Dinner | 22<br>1pm Channel 991 <br>1pm Writing Group<br>1:30pm 500<br>7pm Bingo                    | 23<br>9 & 11am Coffee Chats 991<br><br>9:30 am Excursion Departs Minnesota Zoo                           | 24<br>1pm Coffee Chats 991<br>1pm Bridge & Poker<br>4pm Happy Hour<br>7pm Movie                                 | 25<br>8am Men's Breakfast<br>7pm Bingo    |
| 26<br>Church Van Departure<br>9am<br>10am<br>(See Van Schedule) | 27<br>1pm Knit & Chat<br>Eden Prairie Center<br>7pm Pointe Players   | 28<br>9am Coffee Chats Live<br>10am Speaker Doug Ohman<br>1pm Open Art Studio  | 29<br>1pm Channel 991 <br>1pm Writing Group<br>1:30pm 500<br>7pm Bingo                    | 30<br>9 & 11am Coffee Chats 991<br><br>6:15 pm Excursion Departs Lend Me a Tenor Minnetonka Theatre      | 31<br>1pm Coffee Chats 991<br>1pm Bridge & Poker<br>4pm Happy Hour<br>7pm Movie                                 |  |