RidgePointe News

January 2025 Volume 41 | Issue 1



January Events

Friday, January 3: Potluck

5:30 PM Atrium

Join your fellow residents at the first Friday of the month RidgePointe Potluck. Bring a dish to share, your personal utensils, a plate and a beverage.

<u>Tuesday, January 7: In Person Speaker— Mike Henry</u>

10 AM MH

Moments to Remember II. This program will feature original hit records from the golden age of rock and roll in the late 50s and 60s. Step back in time and reminisce with clips from over 100 of the biggest hits from artists such as Chubby Checker, the Drifters, the Beach Boys, the Beatles, Simon and Garfunkel and many more iconic singers.

Wednesday, January 8: Pancake Breakfast

7-9 AM Atrium

Enjoy a delicious pancake breakfast together down in the Atrium; courtesy of Bob Park.

Tuesday, January 14: In Person Speaker — Gary Hanson

10 AM MH

Michelangelo - Genius of the Renaissance. Michelangelo di Lodovico Buonarroti Simoni was a sculptor, painter, and architect during the 16th century Italian Renaissance. The focus of this lecture will be a brief overview of Michelangelo's life and an in-depth look at some of his most famous works of art: the Pieta, the David, the Sistine Chapel frescos, and St. Peter's Basilica. You will walk away with a better understanding of how they were developed and why they are so extraordinarily distinguished among the assemblage of artistic masterpieces that have come down to us through history.

Tuesday, January 21: In Person Speaker—Pointe Players

10 AM MH

Pointe Players will read humorous short skits in appreciation of the magnificent staff members who keep RidgePointe running. They will also read a script that portrays life at another retirement community.

Tuesday, January 21: Birthday Celebration

3 PM EL

- 3:00pm—HAPPY HOUR IN THE EAST LOBBY: Wine and Appetizers
- 3:30pm—Entertainment: Steve Clark Jazz Trio

5:00pm—Birthday Meal: Is your birthday in January? Happy Birthday! If you plan on using your three meals this month, enjoy an additional dinner at half-price on January 21st.

<u>Tuesday, January 28: In Person Speaker— Doug Ohman</u>

10 AM MH

America's First Ladies (Part I). Doug shares some interesting stories, photographs and forgotten memories about many of America's best loved First Ladies. He will talk about those Ladies that didn't want to be in the lime light and those who loved it. The stories will be sure to fascinate all those that have an interest in American history.

Here are some fun facts about January in Minnesota:

- In 1967, Minneapolis hosted its first indoor pro football game on January 1, when the Minnesota Vikings played the Chicago Bears in the first playoff game at the newly built Metropolitan Stadium. The Vikings won 28-10.
- On January 1, 1913, the temperature in Tower, Minnesota dropped to -60 degrees Fahrenheit, the lowest temperature ever recorded in the state.
- On January 1, 1974, the Minnesota Twins traded designated hitter Tony Oliva to the Texas Rangers for outfielder Brant Alyea and pitcher Bill Singer. Oliva had played his entire career with the Twins up until that point, and was a six-time All-Star and three-time batting champion.



JANUARY MOVIES FRIDAYS 7PM MARION HALL



<u>January 3:</u> Book Club II. A comedy. Four best friends take their book club to Italy for a once-in-a-lifetime trip.

<u>January 10:</u> Chicago. A musical. Chicago's slickest lawyer tries to defend two women at the same time. The women are competitors in the night club scene. Neither woman will be outdone.

<u>January 17:</u> Sister Act II. A comedy. A group of nuns recruit a Las Vegas performer to help teach music to troubled teens to prevent a school from being closed.

<u>January 24:</u> An officer and a Gentleman. A drama. A young naval candidate with a bad attitude signs up for Aviation Academy. With a strict leader and a local resident, he learns tough lessons and a life direction.

Doug Ohman

America's First Ladies (Part I)

January 28, 2025

Marion Hall 10:00 AM







TED Talks Wednesdays at 1pm on Channel 991

<u>Mednesday, January 8</u>: Ask Dumb Questions, Embrace Mistakes — and Other Lessons on Innovation | Dave Raggio | TED. To launch new initiatives within the confines of a large corporation, you'll need to work with the system. Dave Raggio shares three lessons on innovation he learned the hard way. Can Europe Win the Age of Al? | Thomas Dohmke | TED. GitHub CEO Thomas Dohmke discusses Europe's readiness to lead the next era of Al innovation, examining how the continent's tech ecosystems stack up against those in the US. Why Friendship Can Be Just As Meaningful as Romantic Love | Rhaina Cohen | TED. We tend to consider romantic partners and family ties to be our most important relationships, but deep friendships can be just as meaningful. In a perspective-shifting talk, author Rhaina Cohen introduces us to the people unsettling norms by choosing a friend as a life partner.

<u>Wednesday, January 15</u>: *Is AI Progress Stuck?* | Jennifer Golbeck | TED. Will progress in artificial intelligence continue to accelerate, or have we already hit a plateau? Computer scientist Jennifer Golbeck interrogates some of the most high-profile claims about the promises and pitfalls of AI, cutting through the hype to clarify what's worth getting excited about — and what isn't. *From Prison to Purpose Through Wildland Firefighting* | Royal Ramey | TED. When wildfires rage in California, incarcerated people are often on the front lines fighting the flames. TED Fellow Royal Ramey was one of them. *K-Pop, Cutting-Edge Tech and Other Ways Asia Is Shaping the World* | Neeraj Aggarwal | TED. Neeraj Aggarwal explores how Asia's booming culture and economy — from K-pop to cutting-edge tech — is sparking creative solutions to global challenges and reshaping the future in unexpected ways.

<u>Wednesday, January 22:</u> Why Do You Love Your Favorite Songs? | Scarlet Keys | TED. Songs are the soundtrack of our lives. But why exactly do they make us feel the way they do? Songwriter Scarlet Keys sits down at a piano to deconstruct the tools musicians use to make a melody unforgettable — from tone and repetition to lyrics and chords — and sheds light on music's ability to transform moments into memories. Why we need kitchen table conversations | Pat Nogar | TEDxApexWomen. Pat Noger explores how gathering around a table can be a profound catalyst for connection, healing, and community building. 3 ways the universe is trying to kill us | Sara Webb | TEDxSwinburne University. This talk explores five ways the universe could end our world, from Armageddon-sized asteroids to rogue black holes, and how humanity must unite to prevent these potential catastrophes.

<u>Wednesday, January 29:</u> <u>How hearing loss could be impacting your relationships</u> | Nashlea Brogan | TEDxBostonCollege. Regular hearing tests and early intervention for hearing loss should be prioritized to preserve cognitive health, social connectedness, emotional well-being, and intimacy. *6 lies that sabotage your success* | Evy Poumpouras | TEDxAthens. What if the qualities we've been taught to chase—confidence, motivation, and healing—are actually holding us back? *Why we get stuck in life - and how to break free* | Dmitry Dumik | TEDxEleftheriaSquare. What's holding you back from moving forward? Drawing from personal experiences and client stories, Dmitry reveals how we often cling to outdated identities, relationships, and fears that keep us stagnant.

January Excursions

Thursday, January 2— Pottery Museum of Red Wing & Lunch at Rancho Loco Depart: 9:45 AM

Cost: \$3.00 (Pay At Entrance)

Lunch Cost: On Your Own

This unique museum holds more than 6,000 pieces of vintage Red Wing Pottery that is displayed over a 13,000 square foot museum. This **45 minute guided tour** will give a in-depth look at the clay industry of Red Wing. After the tour, walk down the hall to Rancho Loco Mexican Bar and Grill.

(Tour: 11 AM) (Lunch Reservations: 12 PM)

<u>Saturday, January 4— Bell Museum & A Planetarium Show: Secrets from a Forest Depart: 12:10 PM</u>
Combo- Museum & Planetarium Cost: \$18.00 (Please Write Check Out To RidgePointe)

Experience the cinematic mastery of **Secrets from a Forest**. This **Bell Museum original planetarium production**, led by the artistic vision of renowned photographer Jim Brandenburg, award-winning director Neil Lucas, and featuring members of the Minnesota Orchestra, illuminates the creation of the Stradivarius violin. Beginning in the forests of Italy and concluding in a concert hall, this story illustrates the intimate connections between sound and nature throughout time and space.

(Show: 1:30 PM-3:30 PM)

Thursday, January 9— Mystic Lake Casino Depart: 10:15 AM

Cost: On Your Own

Head out to Mystic Lake Casino for a day of Bingo, gambling or just enjoy lunch. (Van Returns: 3 PM)

Thursday, January 16— Minnesota Orchestra Depart: 9:30 AM

Cost: Must Purchase Ticket On Your Own

Nordic Tales and Folklore: A Nordic adventures in music, selections from Peer Gynt.

Saturday, January 18— Ladies Luncheon— Heather's Minnetonka Kitchen and Market Depart: 10:40 AM

Cost: On Your Own

Enjoy a delicious breakfast or lunch at Heathers, a darling neighborhood restaurant that serves American style cuisine. There is a variety of options to choose from, such as: lemon blueberry French toast, crispy coconut shrimp salad, or a simple roast turkey sandwich. (Reservations: 11 AM)

Thursday, January 23— Minnesota Zoo Depart: 9:30 AM

Cost: \$17.00 (Please Make Checks Out to RidgePointe)

Enjoy the day at the Minnesota Zoo. Stroll through the lush Tropics Trail where it's warm and humid every day! Enjoy the sights and sounds of the sunny, balmy forests from around the world, and explore an up close look of the Tropical Reef from above and below the water's surface. Witness the spectacular beauty of the deep in Discovery Bay. Touch sharks, sea stars, and sea anemones in an interactive estuary and tide pool. An educational show called *Wings and Things* starts at 10:30 am.

Thursday, January 30—Lend Me A Tenor -Minnesota Stage High School League Depart: 6:15 PM

Cost: Free; a Public Performance (Open Seating)

Lend Me a Tenor is a comedy set in September 1934. Saunders, the general manager of the Cleveland Grand Opera Company, is primed to welcome world-famous singer Tito Merelli. Tito arrives late, and through a hilarious series of mishaps, he is given a double dose of tranquilizers and passes out. Saunders assistant, Max, is persuaded to get into Merelli's costume to fool the audience into thinking he's is Stupendo. Max succeeds and lives up to his idol, but Merelli regains consciousness and gets into the identical costume, ready to perform. Now two opera singers are running around in the same costume, each thinking she is with Stupendo. (Performance: 7 PM—8 PM)

Don't miss out! This fantastic deal has been extended!

Accept an apartment by January 31st, 2025 and RidgePointe will allow *up to 90 days before rent begins.* If you want to wait that long! In addition, you are price protected through April 30, 2026.

This special applies to <u>all</u> available units, no kidding!

What a great gift to give yourself!

If you are a planner, and you are hoping to move in the Spring, consider this great special! A completed Rental Application and a Security Deposit of \$1,000 secures the unit you choose.

It's that simple.

Naturally, the RidgePointe Amenities Package is included in your rent making your dollar work even harder.

Start living the lifestyle you deserve!

Call today & schedule a tour with Paula Rickett! 952-540-6280 ~ paular@pointesliving.com

Want to take possession or move in sooner? No problem! Rent begins when you take possession or move any of your belongings in, not to exceed 90 days.