

RidgePointe News

November 2024 Volume 40 | Issue 11



A LIVE JAZZ PERFORMANCE!

Blue Ox Jazz Trio!

Tuesday, November 19th, 2024

2:30 pm East Lobby

Featuring

Jack Schabert on Drums!

November Events

Tuesday, November 5: In Person Performance —Gary Stamm as FDR **10 am MH**

Inside FDR. In this performance, Gary Stamm will shed interesting information on our 32nd president, Franklin Delano Roosevelt . Among the topics are: his hobbies, his tribulation with Polio, his adversaries, his “firsts”, his childhood, his favorite quotes, what he considers his greatest accomplishments & failures, and much more. This hour with Gary will feel like a relaxed chat with Mr. Roosevelt. Gary Stamm’s career spans more than forty years and includes theater, musical theater, acapella quartets, radio-theater, television commercials, narration, and a host of other media.

Tuesday, November 5: First Tuesday Craft Time—Trivet for Holiday Table **1 pm AR**

Cost: Free The sign up and an example of the craft will be posted in the Atrium.

Monday, November 11: Veterans Day—Piano Performance with Don Irwin **3 pm EL**

Cake will be served followed by a special piano performance with Don Irwin.

Tuesday, November 12: In Person Speakers—Barb and Steve Pieh **10 am MH**

Faroe Islands. Join Steve Pieh and Barb Kern-Pieh on a travelogue to the Faroe Islands. They will share a journey to the North Atlantic Scandinavian Islands that will amaze you.

Tuesday, November 12: Art Class with Terri **1 pm AR**

Cost: TBD The sign up and information will be posted in Atrium. Pay at Class.

Tuesday, November 19: In Person Speaker—Mike Henry **10 am MH**

Moments to Remember I. Mike will be returning to present **Moments to Remember I:** a program which takes us to the birth of rock and roll in the mid-1950s. Reminisce about growing up in the 1950s and early 1960s listening to the artists who shaped early rock. Go back in time with clips from over 100 of the biggest hits by Bill Haley, ELVIS, Buddy Holly, Bobby Vee, the Platters, Ricky Nelson, Danny and the Juniors, Roy Orbison, and many more famous artists. Mike shares pictures and stories.

Tuesday, November 19: Birthday Celebration **3 pm EL**

2:30pm—HAPPY HOUR IN THE EAST LOBBY: Wine and Appetizers

3:00pm—Entertainment: Jazz Trio

5:00pm—Birthday Meal: Is your birthday in November? Happy Birthday! If you plan on using your three meals this month, enjoy an additional dinner at half-price on November 19.

Tuesday, November 26: In Person Speaker— David E. Jones **10 am MH**

Mount Rushmore: Carving of an Icon. Today, more than 2 million people each year visit Mount Rushmore in the Black Hills of South Dakota. Fourteen years, four hundred workers, 450,000 tons of rock, nearly one million dollars. Those are some of the statistics behind the carving of



NOVEMBER MOVIES

FRIDAYS 7PM MARION HALL



November 1: *Planes Trains and Automobiles.* A comedy. When a sudden snowstorm disrupts air travel, two men try to overcome the trials of holiday travel.

November 8: *One Life.* A drama. A London broker, Nicolas Winter, helps rescue hundreds of predominantly Jewish children from Czechoslovakia before the Nazi close the borders. Staring Anthony Hopkins and Lena Olin.

November 15: *My Best Friends Wedding.* A comedy. Childhood friends Julianne and Michael had a deal to marry at the age 28. Four days before Julianne's birthday, Michael announces his engagement.

November 22: *The Fabelmans.* A drama. A young man falls in love with movies after his parents take him to see the Greatest Show on Earth. This creative boy starts to create films on his own. A Steven Spielberg movie.

November 29: *Moonstruck.* A comedy. A widow accepts a marriage proposal from her boyfriend, then starts to fall in love with his brother.

Special Piano Performance



Don Irwin



Monday, November 11th

East Lobby – 3:00 PM

Enjoy a slice a cake before
listening to Don Irwin perform!

TED Talks Wednesdays at 1pm on Channel 991

Wednesday, November 6: *The Problem With Food and Climate — and How To Fix It* | Jonathan Foley | TED.

Global food production — from meat to grains — accounts for a third of all greenhouse gas emissions, says sustainability scientist Jonathan Foley. He presents a portfolio of data-backed solutions to build a better food system world-wide, starting with four key steps to cut emissions. *How to Live a Meaningful Life* | Brian S. Lowery | TED.

What makes for a meaningful life? Social psychologist Brian S. Lowery explores three ideas tied to the experience of meaning and shows why simply pursuing personal achievements isn't the best way to find it. *How to Turn the Tables on Food Waste* | Dana Gunders | TED. We waste a staggering one trillion dollars worth of food each year, significantly contributing to greenhouse gas emissions and the climate crisis.

Wednesday, November 13: *Can Dogs Detect the Next Pandemic Before It Begins?* | Glen J. Golden | TED. What if animals like dogs, ferrets, mice and raccoons could help sniff out the next pandemic? Exploring the science of smell, neurobiologist Glen J. Golden delves into the development of a "mechanical nose" that could detect diseases by identifying specific odor profiles. *The Recipe for a Healthy Climate Starts at the Dinner Table* | Anthony Myint | TED.

Why aren't restaurants part of the climate solution? This question inspired chef Anthony Myint to go from opening buzzy pop-ups to pushing for a shift to regenerative farming practices in the food system. He explains how it didn't go the way he expected at first — and how restaurants are now teaming up with farmers and eaters alike to restore the climate while serving up delicious food. *Are Smartphones Ruining Childhood?* | Jonathan Haidt | TED. Social psychologist Jonathan Haidt's latest book, "The Anxious Generation," is shaping cultural conversations and sparking fierce debates about the role of smartphones in society. In this timely conversation, he investigates how a smartphone-based childhood, amplified by overprotective parenting, is driving the mental health crisis among young people.

Wednesday, November 20: *Rethinking the link between Alzheimer's and aging* | Courtney Glavis-Bloom | TEDxSanDiego. Why does aging dramatically increase the risk of Alzheimer's Disease, and yet, not everyone is equally affected? We seek to understand the age-related biological changes that distinguish between those who maintain cognitive resilience and those who succumb to decline, paving the way for groundbreaking preventative measures and cures for Alzheimer's Disease. *What your ancestors can tell you about cancer risk* | Julie Walker | TEDxCharleston.

If you found out that you were at a higher-than-average risk for cancer because of your family history, would you do something to reduce that risk? For most people, the answer is a resounding yes. But many people don't know much about their family's cancer history, and even when they do, it's not clear what to do about it. *How midwifery could change birth for the better* | Nashira Baril | TEDxRoxbury. Community-based midwifery is the most traditional way to give birth. Reintegrating midwifery in the community is a paradigm shift from our last 100+ years of hospital-based obstetrics.

Wednesday, November 27: *The science behind dramatically better conversations* | Charles Duhigg | TEDxManchester. Charles joined us in Manchester to discuss his latest research and book on Supercommunicators which strikes us as the perfect 'meta' topic for a TEDx event. *A world traveler's year at home* | Alastair Humphreys | TEDxReigate. After years of expeditions all over the world, adventurer Alastair Humphreys spends a year exploring the small map around his own home. *Can Math Help Repair Democracy?* | Sam Wang | TED. Could math help make American democracy more responsive to the people?

November Excursions

Thursday, November 7— Raptor Center Tour & Lunch at Stouts Pub and Grill Depart: 10:30 AM

Tour Cost: \$3.00 (Pay at the Raptor Center Upon Arrival) Lunch Cost: On Your Own

This tour offers the opportunity to meet three birds up close and personal, and learn about them from the raptor experts. Group programs are typically 40-50 minutes long and include a tour of their education facility. After the tour, have lunch at Stout's Pub and Grill. Enjoy the ultimate in fresh and fun burgers, sandwiches, appetizers and much, much more.

(Tour 11 am) (Lunch Reservation 12:30 pm)

Thursday, November 9— Crystal Holiday Craft & Gift Show Depart: 9:45 AM

Cost: Free Entry

Discover local artists at the Crystal Craft and Gift Show. The show is held in the Crystal Community Center (Gymnasium) in Crystal, MN. This event promises a delightful array of handcrafted goods from the region's most talented artisans and crafters.

(Leave Time: 11:45 AM)

Thursday, November 14— Minnesota Orchestra Depart: 9:30 AM

Cost: Ticket Purchase on Your Own

Søndergård Conducts Mendelssohn and Brahms. Featuring violinist Randall Goosby, one of five musicians awarded an Avery Fisher Career Grant in 2022. **(Two hours, including intermission)**

Saturday, November 16— Ladies Luncheon at Winchester & Rye Restaurant Depart: 11 AM

Cost: On Your Own

Enjoy lunch at this unique restaurant in Victoria . There will sure to be a delicious option to choose from. Whether you prefer a salad , a scrumptious burger, a wrap or a bowl of soup, you will leave satisfied.

(Reservations 11:30 am)

Thursday, November 21— Wayzata High School Fall Musical: Footloose Depart: 3:10 PM

Cost: Free

Footloose is an upbeat, and high energy musical following the story of Ren McCormack as he moves from bustling Chicago to the small town of Bomont. He quickly learns that the town has strict laws introduced by the town's pastor, Reverend Shaw. One of these laws even bans dancing which leads Ren, a guy who just can't stand still, to rally his classmates to fight back. Along the way, he teams up with the pastor's daughter, Ariel, and his new best friend, Willard, to create an inspiring musical with friendship, love, and determination. "Footloose" is a lively celebration of freedom and self-expression— a perfect show to get everyone involved!



November Special

Select an apartment at RidgePointe before November 30th and RidgePointe will price protect you through April 30th, 2026! Really!

Receipt of completed Rental Application and \$1,000 Deposit required to take advantage of this great offer! If you select an apartment at RidgePointe, we allow up to 60 days to take possession... if you want to wait that long!

Winter is coming! Take advantage of our great Van Service to grocery stores, local malls, weekly excursions, and more. All included in your rent. Just one of the many Amenities that is included when you move to RidgePointe.

Call Paula Rickett at 952-540-6280 to schedule a tour or for more information about availability.

Don't wait! Start living the lifestyle you deserve!