










# RidgePointe October 2024

**In Person Exercise Classes**  
 Mon, Wed, Fri MH  
 -Chair Yoga 8:40am 50min  
 -Express Exercise 9:40am 35min  
 -Ever Wellness Exercise 10:45am  
 Knit & Chat—Mon 1pm CR  
 500—Mon, Wed 7pm WPR

Bridge—Fri 1pm WPR  
 Poker—Fri 1pm PK  
 Bandage Rolling—2nd Tues 3pm WPR  
 Happy Hour—Fri 4pm MH  
 Movie—Fri 7pm MH  
 Ladies Luncheon—3rd Sat Time TBD  
 Men's Breakfast —Sat 8am

Bingo—Wed, Sat 7pm MH  
 Pointe Players—2nd & 4th Mon 7pm MH  
 Vision Loss 3rd Thur. 10am MH  
 Writing Group 1st & 3rd Wed 1pm AR  
 WPR=West Party Room MH=Marion Hall  
 PK=Poker Room AR=Art Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9am Coffee Chats Live 10am Presentation <i>Fall Prevention</i> 1pm Craft Time	2 1pm Channel 991  1pm Writing Group 1:30pm 500 3pm Alterations 7pm Bingo and 500	3 9 & 11am Coffee Chats 991 10am Medicare Presentation  10:10am Excursion Departs Aamodts Apple Orchard	4 1pm Coffee Chats 991 1pm Bridge & Poker 4pm Happy Hour 5:30 Pot Luck 7pm Movie	5 8am Men's Breakfast 7pm Bingo 
6 Church Van Departure 9am 10am (See Van Schedule)	7 1pm Knit & Chat 1pm Van Departs Walmart, Sams Club, Hobby Lobby, Menards 7pm 500	8 9am Coffee Chats Live 10am Presentation <i>Braver Angels</i> 1pm Art Class 3pm Bandage Rolling	9 1pm Channel 991  1:30pm 500 7pm Bingo and 500	10 9 & 11am Coffee Chats 991  8 am Excursion Departs National Eagle Center	11 1pm Coffee Chats 991 1pm Bridge & Poker 4pm Happy Hour 7pm Movie	12 8am Men's Breakfast 7pm Bingo 
13 Church Van Departure 9am 10am (See Van Schedule)	14 1pm Knit & Chat 1pm Van Departs Costco, Cub 7pm 500 7pm Pointe Players	15 9am Coffee Chats Live 10am Speaker <i>Phil Kibort</i>  Birthday Celebration 3:00pm Cocktail and Appetizer 3:30 Entertainment: Singer 5:00 Birthday Dinner	16 1pm Channel 991  1pm Writing Group 1:30pm 500 3pm Alterations 7pm Bingo and 500	17 9 & 11am Coffee Chats 991 10am Vision Loss  11 am Excursion Departs Over the River and Through the Woods	18 1pm Coffee Chats 991 1pm Bridge & Poker 4pm Happy Hour 7pm Movie	19 8am Men's Breakfast 7pm Bingo   9:25am Excursion Departs Ladies Luncheon Churchill Street
20 Church Van Departure 9am 10am (See Van Schedule)	21 1pm Knit & Chat 1pm Van Departs Walmart, Sams Club, Hobby Lobby, Menards 7pm 500	22 9am Coffee Chats Live 10am Speaker <i>Melonie Shipman</i>	23 1pm Channel 991  1pm Mystery Art Project 1:30pm 500 7pm Bingo and 500	24 9 & 11am Coffee Chats 991  10:30 am Excursion Departs Minnesota Landscape Arboretum	25 1pm Coffee Chats 991 1pm Bridge & Poker 4pm Happy Hour 7pm Movie	26 8am Men's Breakfast 7pm Bingo 
27 Church Van Departure 9am 10am (See Van Schedule)	28 1pm Knit & Chat 1pm Van Departs Eden Prairie Center 7pm 500 7pm Pointe Players	29 9am Coffee Chats Live 10am Speaker <i>Mike Henry</i>	30 1pm Channel 991  1:30pm 500 7pm Bingo and 500	31 9 & 11am Coffee Chats 991 1:30pm Halloween Party  9:30 am Excursion Departs Minnesota Orchestra		