












# RidgePointe July 2024

**In Person Exercise Classes**  
 Mon, Wed, Fri MH  
 -Chair Yoga 8:40 am 50 min  
 -Express Exercise 9:40 am 35 min  
 -Ever Wellness Exercise 10:45 am  
 Knit & Chat—Mon 1 pm CR  
 500—Mon, Wed 7 pm WPR

Bridge—Fri 1 pm WPR  
 Poker—Fri 1 pm PK  
 Bandage Rolling—2<sup>nd</sup> Tues 3 pm WPR  
 Happy Hour—Fri 4 pm MH  
 Movie—Fri 7 pm MH  
 Ladies Luncheon—3<sup>rd</sup> Sat Time TBD  
 Men's Breakfast —Sat 8 am

Bingo—Wed, Sat 7 pm MH  
 Pointe Players—2<sup>nd</sup> & 4<sup>th</sup> Mon 7 pm MH  
 Vision Loss 3<sup>rd</sup> Thur. 10am MH  
 Writing Group 1<sup>st</sup> & 3<sup>rd</sup> Wed 1 pm AR  
 WPR=West Party Room MH=Marion Hall  
 PK=Poker Room AR=Art Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 1pm Knit & Chat 1pm Van Departs Walmart, Sams Club, Hobby Lobby, Menards 7pm 500	2 9am Coffee Chats Live 10am Speaker 1pm Craft Time	3 1pm Channel 991  1pm Writing Group 1:30pm 500 3pm Alterations 7pm Bingo and 500	4 Independence Day  United States	5 1pm Coffee Chats 991 1pm Bridge & Poker 4pm Happy Hour 7pm Movie	6 8am Men's Breakfast 7pm Bingo 
7 Church Van Departure 9am 10am (See Van Schedule)	8 1pm Knit & Chat 1pm Van Departs Costco, Cub 7pm 500 7pm Pointe Players	9 9am Coffee Chats Live 10am Yoga Workshop 11:30am Audiology 1pm Art Class 3pm Bandage Rolling	10 1pm Channel 991  1:30pm 500 7pm Bingo and 500	11 9 & 11am Coffee Chats 991 Excursion Departs: 5pm Let's Go Fishing	12 1pm Coffee Chats 991 1pm Bridge & Poker 2pm Don Irwin  4pm Happy Hour 7pm Movie	13 8am Men's Breakfast 7pm Bingo 
14 Church Van Departure 9am 10am (See Van Schedule)	15 1pm Knit & Chat 1pm Van Departs Walmart, Sams Club, Hobby Lobby, Menards 7pm 500	16 9am Coffee Chats Live 10am Speaker Birthday Celebration 2:30pm Cocktail and Appetizer 3:00 Entertainment: Singer 5:00 Birthday Dinner	17 11 –1pm Medical Research Market 1pm Writing Group 1pm Channel 991  1:30pm 500 3pm Alterations 7pm Bingo and 500	18 9 & 11am Coffee Chats 991 10am Vision Loss Excursion Departs: 9:45am Munsinger Clemens Gardens	19 1pm Coffee Chats 991 1pm Bridge & Poker 4pm Happy Hour 7pm Movie	20 8am Men's Breakfast 7pm Bingo  Excursion Departs: 3:35pm Ladies meal Baja House
21 Church Van Departure 9am 10am (See Van Schedule)	22 1pm Knit & Chat 1pm Van Departs Eden Prairie Center 7pm 500 7pm Pointe Players	23 9am Coffee Chats Live 10am Speaker	24 1pm Channel 991  1pm Open Studio 1:30pm 500 7pm Bingo and 500	25 9 & 11am Coffee Chats 991 Excursion Departs: 10am Stages Theatre	26 1pm Coffee Chats 991 1pm Bridge & Poker 4pm Happy Hour 7pm Movie	27 8am Men's Breakfast 7pm Bingo 
28 Church Van Departure 9am 10am (See Van Schedule)	29 1pm Knit & Chat 7pm 500	30 9am Coffee Chats Live 10am Speaker	31 1pm Channel 991  1pm Open Studio 1:30pm 500 7pm Bingo and 500			