

# RidgePointe December

**In Person Exercise Classes**  
 Mon, Wed, Fri Marion Hall  
 Chair Yoga 8:40am 50min.  
 Express Exercise 9:40am 35min  
 Ever Wellness Exercise 10:45am  
**Knit & Chat**  
 Mon 1:00pm CR  
**500**  
 Mon 7:00pm WPR  
 Wed 7:00pm WPR

**Bridge**  
 Fri 1:00pm WPR  
**Poker**  
 Fri 1:00pm Pk. Room  
**Bandage Rolling**  
 2nd Tues 3:00pm WPR  
**Happy Hour**  
 Fri 4:00pm MH

**Movie**  
 Fri 7:00pm MH  
**Ladies Luncheon**  
 3rd Sat Time TBD  
**Men's Breakfast**  
 Sat 8:00am  
**Bingo**  
 Wed, Sat 7:00pm MH

**Vision Loss**  
 3rd Thur. 10:00am MH

WPR=West Party Room  
 PK. Room=Poker Room  
 MH=Marion Hall  
 CR=Craft Room  
 AR=Art Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:45am Exercise Class Canceled 1pm Coffee Chats 991 1pm Bridge & Poker 2pm-4pm Staff Appreciation Party 7pm Movie	2 8am Men's Breakfast 7pm Bingo
3 Church Van Departure 9:00am 10:00am (See Van Schedule)	4 1pm Knit & Chat 1pm Van Departs Walmart, Sams Club, Hobby Lobby, Menards 7pm 500	5 9am Coffee Chats Live 10am Presentation 1pm Craft Time	6 11-1pm Medical Research Market 1pm Channel 991 1:30pm 500 3-4pm Alterations 7pm Bingo and 500	7 9 & 11am Coffee Chats 991  11:30am Excursion Departs Plymouth Movie Theatre  Hanukkah begins at sundown	8 1pm Coffee Chats 991 1pm Bridge & Poker 4pm Happy Hour 7pm Movie	9 8am Men's Breakfast 7pm Bingo  1pm Excursion Departs History Theatre
10 Church Van Departure 9:00am 10:00am (See Van Schedule)	11 1pm Knit & Chat 1pm Van Departs Costco, Cub 7pm 500	12 9am Coffee Chats Live 10am Tech 11am Tech 1:00pm Art Class 3pm Bandage Rolling	13 1pm Channel 991 1:30pm 500 7pm Bingo and 500	14 9 & 11am Coffee Chats 991  10:40am Excursion Departs Mall Of America	15 1pm Coffee Chats 991 1pm Bridge & Poker 4pm Happy Hour 7pm Movie	16 8am Men's Breakfast 7pm Bingo  10:40am Excursion Departs Ladies Luncheon
17 Church Van Departure 9:00am 10:00am (See Van Schedule) 1:20pm Excursion Departs Blue Water Theatre	18 1pm Knit & Chat 1pm Van Departs Walmart, Sams Club, Hobby Lobby, Menards 7pm 500	19 9am Coffee Chats Live 10am Presentation Birthday Celebration 2:30pm Cocktail and Appetizer 3:00 Entertainment: Singer 5:00 Birthday Dinner	20 1pm Channel 991 1:30pm 500 3-4pm Alterations 7pm Bingo and 500	21 9& 11am Coffee Chats 991 10am Vision Loss  10:30am Excursion Departs Mystic Lake	22 1pm Coffee Chats 991 1pm Bridge & Poker 4pm Happy Hour 7pm Movie	23 8:00am Men's Breakfast 7pm Bingo
24 Church Van Departure 9:00am 10:00am (See Van Schedule)	25 Christmas	26 9am Coffee Chats Live 10am Presentation	27 1pm Channel 991 1:30pm 500 7pm Bingo and 500	28 9& 11am Coffee Chats 991  10:30am Excursion Departs American Swedish Institute	29 Exercise Class Canceled 1pm Coffee Chats 991 1pm Bridge & Poker 2pm-3:30pm New Years Party 7pm Movie	30 8:00am Men's Breakfast 7pm Bingo
31 New Years Eve!						