

RidgePointe News

December 2023 Volume 39 | Issue 12

HAPPY

Holidays

Wishing you

Love, peace, and joy!

December Events

Friday, December 1: RidgePointe Staff Appreciation Party 2pm-4pm EL

Note from the Cochair Volunteers : "We would like to invite you to attend the December 1st, 2023, *Staff Appreciation Party*. We need volunteer help. Please sign up in your AREA OF INTEREST, you can sign up at either bulletin board, the library or by the activities bulletin board in the atrium. With your help, the party will run smoothly and be enjoyed by all."

Tuesday, December 5: In Person Speaker- Doug Ohman 10:00am MH

Historic Churches of Minnesota. Explore the history of many of the state's oldest churches. You will meet many of the people that Doug has visited with on his quest to photograph these community treasures.

Tuesday, December 5: First Tuesday Craft Time 1pm AR

More information to come. Sign up and description will be posted in Atrium.

Tuesday, December 12: Tech Class with Abbey Key (Android Device) 10am MH

Email class focusing on Gmail, Yahoo and Microsoft Outlook servers. Topics will include but are not limited to, safe email practices, attachments, signatures, downloading items, CC, BCC, Forward, Reply, spam, etc. Please sign up near the resident service office.

Tuesday, December 12: Tech Class with Abbey Key (Apple Device) 11am MH

Email class focusing on Gmail, Yahoo and Microsoft Outlook servers. Topics will include but are not limited to, safe email practices, attachments, signatures, downloading items, CC, BCC, Forward, Reply, spam, etc. Please sign up near the resident service office.

Tuesday, December 12: Art Class with Terri 1pm-3pm AR

Cost: TBD . More information to come. Sign up and description will be posted in Atrium.

Tuesday, December 19: In Person Speaker- Marguerite Ragnow 10:00am MH

Food! Glorious Food! Food and Feasting in the Pre-modern World. So much of our lives revolve around food: rituals and celebrations as well as day-to-day living. Dr. Marguerite Ragnow of the James Ford Bell Library will take us on a culinary tour of some of her favorite pre-modern recipes and menus, and share some stories that illuminate how the people of the past interacted with and thought about food.

Tuesday, December 19: Birthday Celebration 2:30pm EL

2:30pm —HAPPY HOUR IN THE EAST LOBBY: Wine and Appetizers

3:00pm—Entertainment: Bobby and Christine —Singers

5:00pm—Birthday Meal—Is your birthday in December? Happy Birthday! If you plan on using your three meals this month, enjoy an additional dinner at half-price on December 19th.

Tuesday, December 26: In Person Speaker-Andrew Latham 10am MH

US foreign policy (or grand strategy). During the Cold War, U.S. grand strategy -- the way the United States mobilized all of its national power resources -- could be summarized in one word: "containment." During the post-Cold War era, U.S. grand strategy could similarly be summarized in one word: "primacy." But now that we have entered into the post-post Cold War era, the question arises: what should U.S. grand strategy be in this unique and unprecedented geopolitical environment? In this talk, Professor Latham will discuss both the actual grand strategy of the United States at this historical moment and what he thinks would be a more prudent alternative.

Friday, December 29: News Year's Celebration 2pm —3pm EL

RidgePointe's Residents are invited to our end of the year New Year's Celebration. Enjoy Holiday Hors d'oeuvres, Champagne and Dessert. Don't miss this fun event! Dress festive!



DECEMBER MOVIES

FRIDAYS 7PM MARION HALL



December 1: *The World According to Garp*. A struggling young writer finds his life and work dominated by his unfaithful wife and his radical feminist mother, whose best-selling manifesto turns her into a cultural icon.

December 8: *Nobody's Fool*. A stubborn man past his prime reflects on his life of strict independence and seeks more from himself.

December 15: *All The Presidents Men*. "The Washington Post" reporters Bob Woodward and Carl Bernstein uncover the details of the Watergate scandal that leads to President Richard Nixon's resignation.

December 22: *Big*. A wish turns a 12 year old into a 30 year old man and he deals with the pressures of growing up.

December 29: *Downton Abbey: A New Era*. The Crawley family goes on a grand journey to the South of France to uncover the mystery of the dowager countess's newly inherited villa.



2024

JOIN US FOR OUR

NEW YEAR'S CELEBRATION



December 29th, 2023



East Lobby

2:00pm-3:30pm

HOLIDAY HORS D'OEUVRES, DESSERT &

CHAMPAGNE



TED Talks Wednesdays at 1pm on Channel 991

Wednesday, December 6: *How to Make Learning as Addictive as Social Media* | Luis Von Ahn | TED. When technologist Luis von Ahn was building the popular language-learning platform Duolingo, he faced a big problem: Could an app designed to teach you something ever compete with addictive platforms like Instagram and TikTok? He explains how Duolingo harnesses the psychological techniques of social media and mobile games to get you excited to learn — all while spreading access to education across the world. . ***A Cleaner World Could Start in a Rice Field* | Jim Whitaker and Jessica Whitaker Allen | TED.** Rice is the world's largest food source — and it's also a massive emitter of methane gas, a key contributor to climate change. Fifth-generation rice farmer Jim Whitaker and his daughter, farmer and conservationist. Jessica Whitaker Allen, are working to slash rice's environmental impacts with innovativeln. ***The Ordinary People Doing Extraordinary Things in Ukraine* | Oleksandra Matviichuk | TED.** How do we defend people's freedom and dignity against authoritarianism, when the "law of war" doesn't seem to apply anymore? In the face of the Russian occupation of Ukraine, human rights lawyer and Nobel laureate Oleksandra Matviichuk considers this question every day. Exposing the failures of the international system of peace and security, she highlights the capabilities of ordinary people during extraordinary times — and urges us all to take an active position in the struggle for freedom.

Wednesday, December 13: *The Israel-Hamas War — and What It Means for the World* | Ian Bremmer | TED. The Hamas attacks on Israel in October 2023 stunned the world. In this timely conversation, political scientist Ian Bremmer explains the historical context of the conflict, how Israel might respond and what it means for Jews, Palestinians and the world at large. Listen in for analysis of the unprecedented events, how the US may factor into the global response and how to find reliable information amid the breathless media coverage and the fog of war. (This interview, hosted by TED's head of curation Helen Walters, was recorded on October 9, 2023.)

Wednesday, December 20: *The Joy of Learning Random Things on Wikipedia* | Annie Rauwerda | TED. Writer Annie Rauwerda makes a habit of getting lost among the seemingly endless digital archives of Wikipedia, discovering fake towns, promiscuous tortoises, 19th-century fangirls and so much more. An avid editor of the crowd-sourced platform, she speaks to the joys of exploring niche and humorous subjects, accidentally learning just for fun — and broadening your horizons along the way. ***Let's Reframe Cancel Culture* | Sarah Jones | TED.** Cancel culture launched a reckoning that was long overdue — but that doesn't mean it's getting everything right. Filmmaker and actor Sarah Jones slips in and out of various characters as she shares her personal experience with cancel culture and suggests a better way to hold others — and ourselves — to account. ***3 Practices for Wisdom and Wholeness* | Krista Tippett | TED.** Journalist and podcast host Krista Tippett has spent a career interviewing some of the world's most brilliant people. All these conversations have left her with wisdom on the art of living and what it means to be human right now.

Wednesday, December 27: *Lessons from My Father, Alexey Navalny* | Dasha Navalnaya | TED. Dasha Navalnaya is the daughter of Alexey Navalny, the politician and leader of the Russian opposition to Vladimir Putin. Sharing the story of her father's poisoning, persecution and current imprisonment, she details what it was like growing up under the watchful eye of government surveillance as her father led a decade-long investigation into the corruption of Putin's regime — and shows why paying attention to what happens in Russia matters to everyone, everywhere. ***Aligning Values: A Life of Intentionality and Purpose* | Jared Throneberry | TEDxOldHickory.** We all have personal values, but do you ever spend time thinking about whether they are present in your life? In this TEDxOldHickory talk, Jared Throneberry describes what would happen if you took time to analyze, prioritize, and strategize your values. With a little intentionality, your life becomes full of the things you care most about. ***The Tech We Need to Fight Workplace Ageism* | Piyachart Phiromswad | TED.** From exoskeletons and robotic arms to the mass adoption of remote work, economist Piyachart Phiromswad explores what seniors need to overcome the physical, mental and societal barriers to employment, a necessary shift in our rapidly aging world.

December Excursions

Thursday, December 7: Plymouth Grand Movie Theatre– Matinee Movie **Depart: 11:30am**

Ticket Cost: On Your Own (Must Purchase Ticket On Your own)

Spend this winter afternoon at the movie theatre enjoying an entertaining movie of your choice. Movies need to have a start time between 12:00pm -12:40pm.

Saturday, December 9: History Theatre—*I am Betty* **Depart: 1pm**

Cost: \$ 27.00 (Checks Made Out to RidgePointe)

Betty Crocker has helped shape America's homes and appetites for over a century. Surprising to many, she was not a real person! As a radio and television personality, a letter-writing confidante, and a relatable icon, "Betty" has been a subject of both admiration and scorn as multiple generations have grappled with questions of women's role in American society. **(Production Start Time: 2pm)**

Thursday, December 14: Mall of America **Depart: 10:40am**

Spend the afternoon shopping at the Mall of America. With over 520 stores and 60 restaurants it will be a fun way to complete your holiday shopping and enjoy a delicious lunch at a restaurant of your choice. **(Van Departs MOA 2pm)**

Saturday, December 16: Ladies Luncheon @ India Palace Plymouth **Depart: 10:40am**

Cost: On Your Own

India Palace offers one of the largest varieties of Indian food in the Twin Cities. Different regions in India specialize in different foods with ingredients complementing each other nutritionally and tastefully. Each of their dishes are spiced to enhance the aroma and flavor. The spices do not necessarily make dishes hot. **(Restaurant Reservations 11am)**

Sunday, December 17: Blue Water Theatre Company– *All Shook Up* **Depart: 1:20pm**

Cost: \$14.00 (Checks Made Out to RidgePointe)

All Shook Up. Inspired by and featuring the songs of ELVIS PRESLEY®. It's 1955, and into a square little town in a square little state rides a guitar-playing young man who changes everything and everyone he meets. Loosely based on Shakespeare's Twelfth Night, this hip-swiveling, lip-curling musical fantasy will have you jumpin' out of your blue suede shoes with such classics as "Heartbreak Hotel," "Hound Dog," "Jailhouse Rock," and "Don't Be Cruel." **(Production Start Time 2pm)**

Thursday, December 21: Mystic Lake **Depart: 10:30am**

Cost: On Your Own

Try your luck at Mystic Lake for a day of gambling and Bingo. Van leaves the casino at 2:45pm.

Thursday, December 28: American Swedish Institute & SMÖRGÅSBORD Buffet **Depart: 10:30am**

Tour and Buffet Cost: \$54.00 (Checks Made Out to RidgePointe)

Private Holiday Tour -American *Once upon a Mansion: ASI's 73rd Holiday Experience.* Step into the story at the American Swedish Institute's most enchanting holiday experience ever that brings the magic of winter, traditions, myths, and tales to life for visitors of all ages. Explore the festive rooms of the Turnblad Mansion and immerse yourself in experiences co-created by local community contributors representing Sweden, Norway, Denmark, Iceland, Finland, and the Sami Cultural Center. After the tour enjoy **SMÖRGÅSBORD Buffet** in The **Folke Room**. This includes: *Beet Salad*, Cucumber Dill Salad, Rye Bread and Butter, Lingonberries, Mashed potatoes, and Swedish meatballs and coffee, decaf coffee, and assorted hot tea. **(Tour 11am)**



The year is quickly coming to a close. You are still living in your home preparing for another battle with Old Man Winter: Deciding when to go out and for how long, checking driving conditions and dealing with snow removal.

Ditch the shovel and the icy roads!

Residents at RidgePointe enjoy our great van service, optional meals (nothing required), and plenty of social opportunities within the community. Our sunny atrium adorned with tropical plants and a water feature acts as common access to both buildings.

Give it some thought. It might be worth exploring even if you aren't moving right now. We're happy to show you our great community and everything it has to offer.

You have a lot left to do.
Give yourself the gift of a great lifestyle and enjoy yourself!

Want to schedule a tour or get more information?

Call or email Paula Rickett at
(952) 540-6280 paular@pointesliving.com

Or visit our website
www.funatridge.com