



RidgePointe News

July 2023

Volume 37 | Issue 7

HAPPY
INDEPENDENCE
DAY



July Events

Tuesday, July 11th: In Person Presentation- Gary Hansen

10am MH

What is Art and How Has it Changed Over the Centuries. This lecture deals with the question: what is art? In addition, we will discuss the tangential issue of what is a masterpiece? It will also explore how Western Culture Art has changed and evolved over the centuries; from the time of the Ancient Greeks to the many "isms" of 21st century Modern Art.

Tuesday, July 11th: Craft Class: Butterfly Pillow

1-3pm Art Room

Create a Butterfly Pillow. This is an easy and fun craft project. The pattern has been cut for us ahead of time. Fill and tack your pillow to complete. Project is free. Please sign up.

Tuesday, July 18th: In Person Presentation- Mike Henry

10am MH

Show Tunes- Classic Hits from Stage & Screen. This program features clips of the biggest hit songs from major movies and Broadway shows in the 1940s, 50s, and 60s. Along with the music are images from those productions, and background stories about some of our favorite shows, composers and artists. Have fun taking part in a trivia contest to identify classic TV shows after the theme song is played.

Tuesday, July 18th: Birthday Celebration

EL

3:00 pm—HAPPY HOUR: Wine and Appetizers

3:30 pm—Entertainment: Andy Steinfeldt— Singer

5:00 pm—Birthday Meal—Is your birthday in July? If so Happy Birthday! If you plan on using your three meals this month, enjoy an additional dinner at half-price in July.

Tuesday, July 25th: In Person Presentation-Terry Kubista

10am MH

Ireland, Scotland and England: Ancient Stone Structures. Ireland, Scotland and England are home to some of the world's oldest stone structures. Who built them, when and why? These questions have puzzled archeologist for hundreds of years. Lets investigate them today.

Tuesday, July 25th: Tech Class- Abbey Key

1pm MH

GPS – Google Maps

How about a class JUST for the Google Maps app? Learn navigation A-Z, to and from, location, planning trips, finding bus schedules, walking paths, saving trips, special effects and much more! Come prepared with your device and questions! Android and iPhones accepted. 1 hour class. Limit of 20 people.

JULY MOVIES

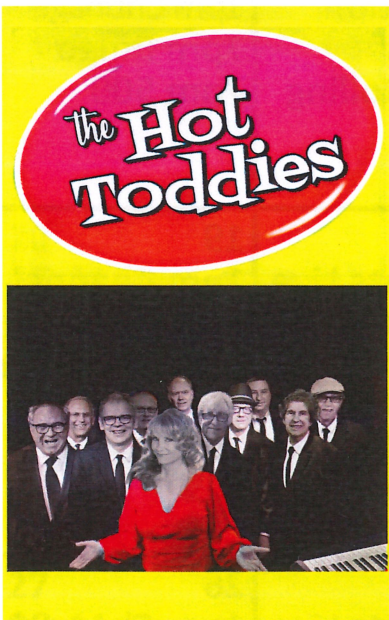
FRIDAYS 7PM MARION HALL

July 7th: *Victor/Victoria*. Victoria Grant (Julie Andrews), a down-and-out British soprano, struggles to find work in the nightclubs of 1930s Paris. A struggling female soprano finds work playing a male female impersonator, but it complicates her personal life.

July 14th: *Seabiscuit*. A true story of the undersized Depression-era racehorse whose victories lifted not only the spirits of the team behind it but also those of their nation.

July 21st: *By the Light of the Silvery Moon*. War veteran William Sherman's relationship with his girlfriend Marjorie Winfield faces various trials and tribulations, when he asks her to wait for him till he is financially stable.

July 28th: *City Slickers*. On the verge of turning 40, an unhappy Manhattan yuppie is roped into joining his two friends on a cattle drive in the southwest.



RidgePointe's Annual Ice Cream Social

Wednesday, August 2nd, 2023 5-7pm

Hot Dog, Chips & Pop - \$ 5.00 5-6pm

Ice Cream Sundaes - Free! 6pm

The Hot Toddies: Performing at 6pm

TED Talks Wednesdays at 1pm on Channel 991

Wednesday, July 5: *Lessons from Losing My Mind* | Andy Dunn | TED. Neurodiversity and innovation often go hand in hand, but does that mean visionary entrepreneurs get a free pass to say and do anything they want? Bonobos founder and mental health advocate Andy Dunn shares his experience navigating bipolar I in the midst of running a successful startup, offering lessons learned on his journey to wellness and steps to create a future where everyone is able to "dream crazy dreams" – while being held accountable.

***Your Right to Mental Privacy in the Age of Brain-Sensing Tech* | Nita Farahany | TEDNeurotechnology,** or devices that let you track your own brain activity, could help you deeply understand your health. But without privacy protections, your innermost thoughts, emotions and desires could be at risk of exploitation, says neurotech and AI ethicist Nita Farahany. She details some of the field's promising potential uses – like tracking and treating diseases from depression to epilepsy – and shares concerns about who collects our brain data and how they plan to use it, ultimately calling for the legal recognition of "cognitive liberty" as we connect our brains and minds to technology. ***5 Steps to Fix Any Problem at Work* | Anne Morriss | TED.** In a practical, playful talk, leadership visionary Anne Morriss reinvents the playbook for how to lead through change – with a radical, one-week plan to build trust and fix problems by following a step per day.

Wednesday, July 12th: *Are Life-Saving Medicines Hiding in the World's Coldest Places?* | Normand Voyer | TED.

Could the next wonder drug be somewhere in Canada's snowy north? Take a trip to this beautiful, frigid landscape as chemist Normand Voyer explores the mysterious molecular treasures found in plants thriving in the cold. These scarcely investigated organisms could hold immense medical promise, he says – so long as we work quickly enough to discover them. ***What Makes a "Good College" – and Why It Matters* | Cecilia M. Orphan | TED.** Why are "good colleges" often the ones that accept the fewest students? Exposing the harmful consequences of society's obsession with highly rejective (and expensive) universities, educator Cecilia M. Orphan asks us to rethink what makes institutions "prestigious" and consider directing funds and attention to where they're needed most: regional public universities that serve all students. ***A Foster Care System Where Every Child Has a Loving Home* | Sixto Cancel | TED.** In the US, youth in foster care are nearly twice as likely as war veterans to suffer from PTSD. Placed in foster care at just 11 months old, 2023 Audacious Project grantee Sixto Cancel experienced the faults of the system firsthand. Now, he's the founder of Think of Us, an organization working to reform child welfare by centering kinship care, or placing a child with an extended family member or a familiar adult.

Wednesday, July 19th: *3 Ways Your Money Can Fight Climate Change* | Veronica Chau | TED. What if we could solve the climate and housing crises at the same time? Financial institutions have pledged trillions to transform the economy and accelerate climate action – but right now, that money is not flowing at the speed it needs to, says sustainable investing expert Veronica Chau.

Illuminating the links between climate change and affordable housing, she suggests a playbook of moves to start mobilizing big money and transform climate financing challenges into opportunities. ***What the World Can Learn From China's Innovation Playbook* | Keyu Jin | TED.** In the last few decades, China has gone from technological scarcity to abundance. What sparked this shift? Economist Keyu Jin explores how China has fostered a model of innovation unlike any other and shows why understanding its competitive, collaborative approach could benefit the world – and perhaps demystify some contradictions. ***4 Ways to Have Healthy Conversations About Race* | Afrika Afeni Mills | TED.** Learning how to have productive conversations about race is a necessary part of the human experience. Educator Afrika Afeni Mills says the best place to start is in the classroom – because the earlier these skills are taught, the fewer biases there are to unlearn. She shares four actionable lessons to help people overcome their fear and take on these conversations at any age.

Wednesday, July 26th: *4 epidemics that almost happened (but didn't)* - George Zaidan. What makes for an effective outbreak response? Explore successful systems from around the world that prevented epidemics. ***Does Working Hard Really Make You a Good Person?* | Azim Shariff | TED.** Around the world, people who work hard are often seen as morally good – even if they produce little to no results. Social psychologist Azim Shariff analyzes the roots of this belief and suggests a shift towards a more meaningful way to think about effort, rather than admiring work for work's sake. ***The Urgent Risks of Runaway AI – and What to Do about Them* | Gary Marcus | TED.** Will truth and reason survive the evolution of artificial intelligence? AI researcher Gary Marcus says no, not if untrustworthy technology continues to be integrated into our lives at such dangerously high speeds. He advocates for an urgent reevaluation of whether we're building reliable systems (or misinformation machines), explores the failures of today's AI and calls for a global, nonprofit organization to regulate the tech for the sake of democracy and our collective future.



July Excursions

Thursday, July 6th: Goodhue County Historical Society -Lunch at Scarlet Kitchen and Bar Depart 10:15am

Cost: \$5.00 at Entrance

Lunch Cost: On Your Own

The Goodhue County History Center's long-term exhibits explore the history of Goodhue County, Minnesota, defined by stories of the land and people who call it home. Goodhue County is home to one of the greatest concentrations of archaeology sites in Minnesota and the Upper Midwest. Learn about the people who inhabited this area over 12,000 years ago and uncover what remains of their complex societies! Learn how Goodhue County's early residents lived. Get a glimpse of a Dakota Mdewakanton village and artifacts immigrants brought from their homelands. After visiting the History Society, enjoy lunch at the Scarlet Kitchen and Bar. This restaurant is located in the historic St. James Hotel in the beautiful downtown Red Wing area. Spend a little time looking around the hotel after lunch.

(Tour Starts at 12pm- Reservations at Scarlet 1:15pm- Van leaves St. James at 2:45pm)

Thursday, July 13th: Wildlife Science Center and Lunch at Mallards

Depart 10am

See wolves, bears, owls, cougars and more! The Wildlife Science Center is an education and conservation facility dedicated to the science of saving lives and inspiring relation with the wild. Mallards is an award winning seafood and Cajun fare restaurant. The restaurant has a wide variety of soups, salads, burgers, seafood, and delicious dessert options. This is a rescheduled excursion and those who originally committed and made payment hold their place. Please let me know ASAP if you are unable to attend, this leaves a potential for others to sign up.

Saturday, July 15th: Ladies Luncheon at Pinstripes

Depart 11:30am

Lunch Cost: On Your Own

Pinstripes pride themselves on setting the highest culinary standards possible. They start all the recipes from scratch and are known for their excellent Italian-American food and fun environment. Enjoy a variety of food including everything from wood-fired pizzas to seasonal gelato. Each and every dish is made in house. **Reservations 12pm**

Thursday, July 20th: Art Fair at Munsinger Clemens Gardens

Depart 9:30am

Each summer, Munsinger and Clemens Gardens hosts an art fair featuring artists from all around the state. Also enjoy the music provided on stage and the gift shop. The fair also features vendor-food trucks. Bring cash and wear good walking shoes.

Thursday July 27th: Padelford Riverboats- Daily Sightseeing Cruise-Lunch at Cossetta

Depart 10:35am

Cost: \$ 18.75 (Checks Made Out to RidgePointe.)

A sightseeing and narrated, 90 minute public excursion departing from Harriet Island in St. Paul. Sights along the way include: the St. Paul High Bridge, Pig's Eye Cave, the Minnesota River mouth, Pike Island, and the timeless splendor of the mighty Mississippi River. All Sightseeing Cruises offer a fully stocked bar and limited snacks are available for purchase onboard (please no outside food or beverage). Have a late lunch at Cossetta's restaurant after the tour. No reservations necessary, a cafeteria style restaurant.

Arrival Time 11:30am. Boat Departs at 12pm.

Look Who is at Ridgedale Mall!

Find our Display and QR code on the lower level of the Ridgedale Mall, just outside of Dick's Sporting Goods.

